

# 2024 Comunity Health Assessment Washington County, Ohio

# **Draft for Public Review**

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#### Sponsored by

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# Introduction

# **The Purpose**

The goal of a Community Health Assessment (CHA) is to provide an accurate view of the health status, needs, and resources of Washington County, Ohio. The CHA combines information collected from local, state, and national sources into one document. The information in this report can help communities recognize areas of strength and areas of greatest need. The CHA serves as a data-driven foundation to guide action plans to improve the health of our residents. The assessment results are used to guide community health program planning, the coordination of community resources, policy changes, funding opportunities, as well as individual and group behaviors. In short, the CHA is a powerful tool in our efforts to improve health.

# The Process

The CHA is created through the collaborative efforts of public health partners across Washington County. This group of partners, named WashCo Health Partners, began the planning process for this CHA in 2022. Lead partners in the group include the Washington County Health Department, Memorial Health System, and Marietta/Belpre Health Department. These lead partners activate connections through the local public health system and within the community to engage as many stakeholders as possible in the process. A best practice approach, Mobilizing for Action through Planning and Partnerships (MAPP), was used to complete the CHA. This process is designed to fulfill the requirements for the Hospital Systems' Community Health Needs Assessment (CHNA) and the Local Health Departments' (LHD) Community Health Assessment (CHA). See Appendix A for details.

# **Executive Summary**

# The Pursuit of Health

#### "Alone we can do so little; together we can do so much. " – Helen Keller

This Community Health Assessment (CHA) evaluates our community's overall health. Health is a tricky thing - it can be affected by so many factors including the income and resources you have, your genetics, the neighborhood you live in, and your lifestyle and habits. Looking across an entire community to better understand who is thriving and who is struggling with good health allows us to better understand the root causes of both health and sickness. We can recognize what strategies are working and what needs to change to improve health outcomes for all residents.

Community members and local health system partners have been deeply engaged in creating this Community Health Assessment - listening, researching, offering experiences and insights through surveys, meetings, and discussion groups. After reading and reflecting on the information in the CHA, we collaborate to identify key priorities on which to focus our energy and resources. These priorities guide a Community Health Improvement Plan (CHIP) for Washington County, which is an action plan to address these key focus areas. These areas become rallying points for the community to collectively improve health over the next 3 years. With clarity, purpose, and a great deal of coordination amongst community partners, we can make a difference in ways that matter.

# **The Priorities**

As a result of this research, three priority areas emerged:

- Priority Area 1: Mental/Behavioral Health and Addiction
- Priority Area 2: Prevention and Management of Chronic Disease
- Priority Area 3: Access to Healthcare and Healthcare-Related Programs

Within these priority areas, there are populations that tend to be vulnerable to more negative health outcomes in certain situations. These populations will be prioritized in efforts to improve health:

- Priority Population 1: People Living in Poverty
- Priority Population 2: People Living in the "Gap"
- Priority Population 3: Children and Youth
- Priority Population 4: Older Adults
- Priority Population 5: People with Disabilities
- Priority Population 6: Veterans
- Priority Population 7: People Living in High Vulnerability Zone Neighborhoods
- Priority Population 8: People Living with Addiction

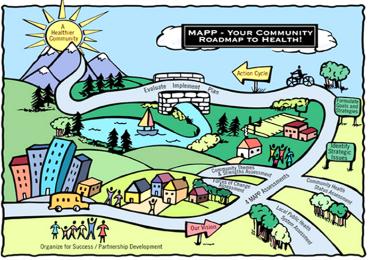
These priority areas are very similar to those that have emerged in the last couple iterations of the CHA. The good news is that our intentional efforts are making a difference, but change takes time and ongoing commitment. The strategies that we implement collaboratively across Washington County will continue to build upon the foundations created by past efforts.

Throughout this report, you will note many positive points of pride for our community. For example, we have a strong network of social organizations and community groups, we have lower rates of crime than many other communities, and we have made strides in improving access to healthy food, physical activity, and healthcare services over the past few years. These points of pride will help us as we work to overcome challenges that stand in the way of optimal health for all Washington County residents.

#### "There is no power for change greater than a community discovering what it cares about." - Margaret J. Wheatley

# Mobilizing for Action through Planning and Partnerships Approach

The Mobilizing for Action through Planning and Partnerships (MAPP) Approach was used to create the CHA. It is a nationally recognized, best practice for community health assessment and improvement planning. The ultimate goal of MAPP is a healthier community.



Source: National Association of City and County Health Officials

# Phases

MAPP has six phases described below:

#### 1. Organizing

Identifying who should be part of the process and organizing next steps

2. Visioning

Collaborating to create a shared vision

3. Assessments

Use of assessments specifically designed to provide a clear view of community

4. Identify Strategic Issues

Analysis of assessment results to identify the most pressing strategic issues

#### 5. Formulate Goals and Strategies

Creating an action plan for addressing those strategic issues

#### 6. Action Cycle

Implementing and evaluating action plan in a continuous cycle until the next MAPP

#### **Making Sense of the Assessments**

The assessments used in the MAPP process collectively provide a picture of the health of our community. The WashCo Health Partners convened local agencies representing a variety of sectors of the community to plan and provide input on how to best reach community members and other local health system partners. The assessments were completed in 2024 using a combination of in-person community meetings, online and written surveys, and the collection of data from existing secondary data sources. You can read the results in any order that interests you.

- **Community Health Status Assessment (CHSA)** Data collected from existing local, state, and national sources about health status in Washington County
- **Community Health Survey (CHS)** Survey completed by Washington County community members that combines the two assessments below
  - Community Themes and Strengths Assessment (CTSA) Collects information on key factors, barriers, and resources for living a healthy life in Washington County
  - Forces of Change Assessment (FOCA) Collects open-ended responses on the impact of upcoming changes on health in Washington County
- Local Public Health System Assessment (LPHSA) Survey completed by local health system partners to assess the functioning of our local health system in Washington County

#### **Social Determinants of Health**

Social Determinants of Health are a variety of conditions that impact health outcomes such as income, education level, the environment in which you live, and many others. There is a brief section explaining the social determinants of health followed by key findings.

#### **Key Findings**

In reflecting on all of the information gathered for the CHA, three priority areas for health improvement in Washington County became clear: access to healthcare and healthcare-related programs, prevention and management of chronic disease, and mental/behavioral health and addiction. Each of these priority areas is presented with data from across the assessments, populations most affected, and social determinants of health that impact the priority area.

# **Social Determinants of Health**

# What are social determinants of health (SDOH)?

The U.S. Department of Health and Human Services (2021) defines **social determinants of health** (SDOH) as "the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks."



#### United States Department of Health & Human Services

These determinants have a powerful impact on people's health, well-being, and quality of life. Some examples of conditions that lead to healthier outcomes are listed below:

Safe housing, transportation, and neighborhoods Lack of racism, discrimination, and violence Education, job opportunities, and income Access to nutritious foods and physical activity opportunities Cleanliness of air and water Language and literacy skills These are known as "upstream" factors that may impact the "downstream" outcomes like whether or not you suffer from lung disease or obesity, for example.

# What are health disparities?

Social determinants of health also help us understand why people may experience different health risks and outcomes. These differences in health outcomes among specific populations are called **health disparities**. For example, people without access to grocery stores with healthy foods are less likely to have good nutrition which raises their risk of health conditions like heart disease, diabetes, and obesity. People who live in neighborhoods with unsafe sidewalks and higher crime are less likely to be physically active. Those without access to a steady income are less likely to have quality health care coverage leading to less preventative care. People who experience high rates of discrimination are more likely to develop a variety of stress related health issues.

Promoting healthy individual choices alone will not eliminate these and other health disparities. Instead, public health organizations and their partners in sectors like education, transportation, and housing need to take action to improve the conditions in people's environments. The CHSA provides an opportunity to look more closely at the differences in health status within our community to better understand the underlying factors that lead to poorer health outcomes. Then, we can work to reduce those burdens through policy change, community collaboration, and a stronger engagement with vulnerable populations.

# **Key Findings**

# **Key Findings**

# **Mental/Behavioral Health and Addiction**

Mental health includes our emotional, psychological, and social well-being (Centers for Disease Control and Prevention, 2024). The way we think, feel, and act are all influenced by

**17%** of Washington County residents report frequent mental distress our mental health. It also impacts how we handle stress, relate to others, and make choices about our health. Mental and physical health are connected. For example, depression increases the risk for many types of physical health problems, like diabetes, heart disease, and stroke. Chronic physical problems can also lead to mental illness.

Behavioral health is a general term that refers to understanding how mental health, lifestyle, patterns of behavior, substance use, stress related illness and other factors are interrelated and can impact health outcomes. Mental and behavioral health care can help support people in managing and improving their health.

23.2%

of Washington County adults aged 18+ currently smoke a rate much higher than the nation or state of Ohio

Mental health can change over time depending on

particular challenges and resources to cope. Mental health is important from childhood through adulthood. There is not a single cause for poor mental health though certain factors contribute, such as

- Adverse Childhood Experiences (ACEs), such as trauma or a history of abuse (for example, child abuse, sexual assault, witnessing violence, etc.)
- Ongoing medical conditions, such as cancer or diabetes
- Biological factors or chemical imbalances in the brain
- Use of alcohol or drugs
- Having feelings of loneliness or isolation

# ACEs

Washington County youth experience higher percentages of abuse and trauma within their families and homes than other youth across Ohio Outcomes of poor mental/behavioral health can include

- Higher risk for substance abuse including tobacco, alcohol, and drugs
- Higher risk for suicide or accidental drug overdose
- Higher risk for physical conditions and diseases

These outcomes are evident in our community. In the 2024 Community Health Survey, **Washington County residents** selected substance use problems and mental health problems as the top two most pressing health concerns.

Our 2021 CHA, also documented these issues as top concerns. Local public health groups and agencies have

**46.4%** of Washington County youth report having experienced some level of depression

been working to improve mental health care through raising awareness and reducing stigma around seeking care, improving continuity of care, decreasing harm to substance users, and prevention efforts, particularly with youth. These efforts need to continue as the COVID-19 pandemic further exacerbated these problems.

17.6

rate of suicide in Washington County compared to 14.6 in Ohio and 13.8 in the US

# 39.9

number of unintentional drug overdose deaths in Washington County (adjusted per 100,000 population)

The **Social Determinants of Health** can be traced to mental and behavioral health outcomes. While biological factors play a role, social determinants are powerful as well, including economic stability, education level, access to care, the neighborhood you live in,

and your level of social support. Certain **populations** are also more vulnerable to poor mental health and subsequent negative outcomes including children and youth, people living in poverty, people living in the "gap" with low income but ineligible for government assistance, Veterans, and people with chronic medical conditions as they may experience additional stressors that can contribute to poor

# 19.03%

of Washington County adults aged 18+ report excessive drinking of alcohol

mental/behavioral health. Finally, improving support for people in recovery is vital.

# **Key Findings**

# **Prevention and Management of Chronic Disease**

Chronic diseases are those that tend to last a year or more, need ongoing medical attention, and/or limit daily living (Centers for Disease Control and Prevention, 2024). Chronic diseases like heart disease, cancer, and diabetes are the leading causes of death and disability in the United States. Much of this suffering is preventable.

In Washington County, we experience higher rates of heart disease, diabetes, high blood pressure and deaths due to cancer than the state of Ohio or the nation.

**38.6%** of Washington County adults aged 18+ with high blood pressure 6.5% of Washington County adults aged 18+ with heart disease 10.3%

of Washington County adults aged 20+ with diabetes

#### 533

Number of new cases of cancer in Washington County (adjusted to 100,000 population) 465.3 is the rate in Ohio 438.7 is the rate in the US

#### 170.0

Number cancer deaths in Washington County (adjusted to 100,000 population) 166.1 is the rate in Ohio 149.4 is the rate in the US

Certain behaviors like smoking, poor nutrition, physical inactivity, and excessive alcohol use contribute to the development or worsening of these diseases. Recognizing the connection between these risk behaviors and long term disease and disability is important. Yet, it is not as simple as individual behavior change. Many **social determinants of health** have an impact on these behaviors and outcomes including factors like income to buy healthy food, the walkability and safety of the neighborhood you live in for physical activity, social support to buffer stress and coping

# 23.2%

of Washington County adults aged 18+ currently smoke a rate much higher than the nation or state of Ohio challenges, and education levels to understand health education materials and programs. Hence, a focus on **populations** who have a low income, low education level, low social support, those who live in high vulnerability neighborhoods with poor walkability/safety, older adults, and those who live in food insecure households or food desert census tracts will improve outcomes.

**42.2%** of Washington County adults aged 20+ are obese

These concerning outcomes have been at the forefront of local public health system efforts, and progress is being made. The 2021 CHA and CHIP identified focus areas and

strategies that have been implemented and will continue to grow in education and programming related to nutrition, physical activity, health screening, and disease management. Policies have been implemented and environmental changes made to improve access to healthy food and safer, more accessible opportunities for physical activity. This work needs to continue.

# 27.1%

of Washington County adults aged 20+ report no time for physical activity or leisure

# **Key Findings**

## **Access to Healthcare and Healthcare Programs**

Access to healthcare and healthcare programs is a foundational component of a person's health and well-being. Healthcare access can include having insurance and/or being able to receive care from a primary care provider, medical specialists, dental care, medications, treatment support, health education programs and information, and much more.

#### **15.3%** of Washington County residents live in poverty

*Health equity* is the attainment of the highest level of health for all people. This can only be accomplished with better access to healthcare for all. Barriers to access can be related to literacy/understanding, finances, trust, transportation, physical access to certain locations or forms of communication (like social media and the internet). Certain **populations**, particularly those with a low income,

children living in poverty, those with a low education level, older adults, and those living in more remote areas, tend to have more barriers to accessing the healthcare they need.

The local public health system (made up of health departments, hospitals, clinics, public safety, and countless agencies and groups dedicated to improving health and well-being) has developed resources, programs, and services to address the challenges unique to our community. The following are strategies to improve access to healthcare in our community

- Increase communication between the local public health system and the public
- Increase communication between local public health system partners
- Implement strategies to overcome financial barriers to healthcare access
- Develop programs and services to fill gaps in healthcare

#### Communication

#### With the Public

Efforts to communicate with the public about opportunities that are available have improved use of health education classes, screenings, and signing up for transportation,

family and health support services. However, there is still much work to be done to aid the public in understanding what services are available, who is eligible, and how they can access those opportunities. Continuing to build relationships and trust with the public through strong communication at all levels - interpersonal, group, organizational, and mass/marketing - is critical to boosting participation and improving health outcomes. *Health literacy* also plays a large role. It is the ability of an individual to find, understand, and use information and services to inform health-related decisions and actions for themselves and others (Centers for Disease Control and Prevention, 2024). Most health information is difficult to understand, particularly for populations with lower literacy and education levels. Nine out of ten people across the United States struggle with health literacy. Most health information is written at a college level. Healthy People 2030 has a variety of national goals to improve health literacy. For example, using plain language in advertisements and descriptions of health issues and programs. Another strategy is training doctors to have patients explain their understanding of their health issues back to the doctor. This is done to make sure the patient has the information needed to make the best decision for their care.

#### **Across Local Public Health System Partners**

Each partner in the local public health system contributes to advancing health in targeted ways. For example, some organizations are more focused on improving health through nutrition, others on treatment of disease, still others on family well-being, etc. While each contributes to the vital functioning of our community, it is challenging to maintain strong coordination amongst partners to ensure they are each aware of what other programs and services are doing. Moreover, greater knowledge of how to easily help people navigate the different options available is needed. When comparing the results of our 2021 Local Public Health System Assessment to 2024, it is evident that there is incremental growth in how well system partners deliver essential public health services to Washington County. Continuing that momentum will boost how many people are knowledgeable about and linked to services, and how efficiently and effectively we can meet community needs.

#### **Financial Barriers**

There is also a financial reality - healthcare is costly and a key part of having access requires a strong income or adequate public assistance. **The Washington County 2024 Community Health Survey identified a low income as the greatest barrier to health** 

for people in our community. Residents also selected "Money to Pay for Healthcare/Insurance" as the leading resource they had to support good health. Importantly, not all health insurance provides enough coverage to meet needs. Many people experience the challenge of being "underinsured" and unable to pay out of pocket costs in spite of having insurance. When anticipating upcoming changes, residents noted strong concerns about the increased cost of living on health outcomes and potential changes to rights, funding, and policies concerning health in the upcoming presidential election year. In short, attention to improving employment participation, fair pay, evaluation of eligibility guidelines for financial assistance programs, and policy changes is key.

6.7% of Washington County residents do not have health insurance

27% of Washington County residents receive Medicaid/CHIP

#### **Program and Service Development**

In addition to improving access to existing healthcare and programs, another key goal in this area is development of care opportunities that are needed but do not exist. For example, increasing the number of healthcare providers in specialty areas, and creating

programs and policies that fill gaps in care needs. The 2021 CHA and CHIP identified increasing primary care providers, mental health providers, and access to dental care as key workforce needs. Transportation services and effective healthcare appointment scheduling/reminder systems were also

#### 253.1

Active primary care providers in Washington County (adjusted per 100,000 population) 297.3 primary care providers in Ohio 278.5 primary care providers in the US identified. Local public health system partners have been working to address these needs and continue to try to refine systems to improve effectiveness.

#### 501

Number of patients seen per year by Washington County mental health providers **346** is number of patients seen per year in Ohio

# Community Health Status Assessment (CHSA)

# **Community Health Status Assessment** (CHSA)

# The Goal

The goal of the CHSA is to answer the following questions about Washington County, Ohio: **"How healthy are our residents?"** and **"What is the health status of our community?"** To answer these questions, health data has been collected from a number of sources including the United States Census Bureau, United States Centers for Disease Control and Prevention, United States Department of Health and Human Services, Ohio Department of Health, Robert Wood Johnson Foundation, and Washington County agencies.

# Comparisons

Throughout the report, you will find information on Washington County compared to Ohio and the United States. This allows us to see where we are healthier than the averages for the state or nation and where we are less healthy. You will also find notes on Healthy People 2030 goals where they are relevant. **Healthy People 2030** is a national program that sets goals to improve health and well-being over the next decade. To learn more visit <u>https://health.gov/healthypeople</u>.

# The Roadmap

First, this section provides information on the population characteristics of Washington County. Next, it reports on a variety of health factors that impact health and well-being, like economic stability, education access, and healthcare access among others. Finally, it covers behavioral risk factors, maternal and child health, chronic disease, communicable disease, and causes of mortality in our community.

# Population Characteristics of Community Population & Density

Washington County has a population total of 59,639 people living in the 631.97 square mile area. The population density for this area is estimated at 94.4 persons per square mile. Marietta and Belpre are the two largest cities in Washington County.

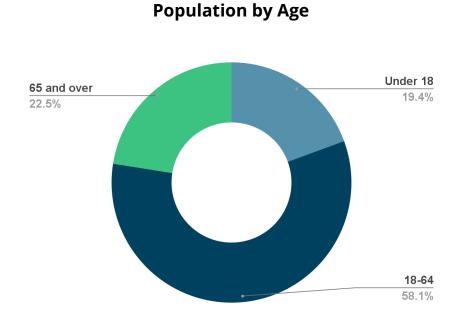
Report Area	Total Population	Total Land Area (Square Miles)	Population Density (Per Square Mile)
Washington County	59,639	632	94.4
Marietta City	13,366	8.4	1,585.7
Belpre City	6,690	3.5	1,919.7

#### **Population & Density**

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

#### Age

Washington County, Ohio has a lower percentage of persons under the age of 18 and higher percentage of persons 18 and older than the state or nation.



The median age in 2022 was 44.1 years in Washington County, compared to 39.4 years overall in the State of Ohio and 39.9 years in the United States as a whole. Individuals aged 65 years or older represent a larger portion of the population in Washington County than in all of Ohio or in the United States.

	Washington County	Marietta City	Belpre City	Ohio	United States
Persons under 5 years	4.7%	5.6%	4.9%	5.6%	5.6%
Persons under 18 years	19.4%	17.7%	19.4%	21.8%	21.7%
Persons 18-64	58.1%	59.5%	56.8%	60.4%	61.4%
Persons 65 years and over	22.5%	22.9%	23.9%	18.4%	17.3%
Female Persons	50.6%	50.4%	51.3%	50.6%	50.4%
Male Persons	49.4%	49.6%	48.7%	49.4%	49.6%

#### Population by Age & Sex

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

# **Race and Ethnicity**

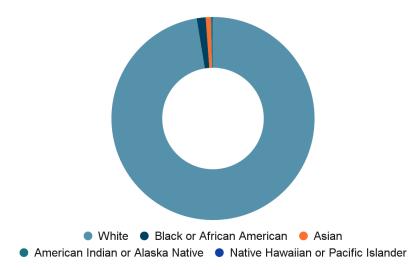
Washington County has a low degree of racial/ethnic diversity. In 2022, 95.7% of the population identified as belonging to a single race. The table and graph below show the population by race.

Race	Washington County	Marietta City	Belpre City	Ohio	United States
White	95.7%	93.2%	94.2%	80.9%	75.5%
Black or African American	1.4%	2.3%	1.0%	13.3%	13.6%
Asian	0.8%	1.6%	0.3%	2.7%	6.3%
American Indian and Alaska Native	0.3%	0.1%	0.1%	0.3%	1.3%
Native Hawaiian and Other Pacific Islander	0.04%	0.0%	0.0%	0.1%	0.3%
Two or More Races	1.9%	2.5%	3.1%	2.7%	3.0%
Hispanic or Latino	1.2%	2.0%	2.7%	4.5%	19.1%

#### **Population by Race**

\*Totals may equal more than 100% due to participants selecting more than one race

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022



# **Special Populations**

Special populations are important to identify in the community because they are often more vulnerable to experience poorer health outcomes. As noted above, educational attainment, income, race and gender are among key qualities that can have a strong bearing on health outcomes. This section examines additional key factors that can make particular populations more vulnerable to experiencing poor health.

- The "non-English-speaking persons" indicator reports the percentage of the population aged five and older who speak a language other than English at home.
- "Veterans" refers to civilians age 18 or over who have served on active duty for any branch of the armed forces of the United States. Veterans are more likely to have lower-quality healthcare and poorer health outcomes.
- Access to health care is a heightened challenge for "persons with disabilities." As noted by the United States Department of Health and Human Services, disabilities take behavioral, developmental, emotional, intellectual, or physical forms. Disabilities may be visible or invisible and affect all walks of life.
- The "persons without health insurance" indicator reports the percentage of adults aged 18 to 65 without health insurance coverage. The lack of health insurance is considered a key driver of health status because lack of insurance is a primary barrier to healthcare access, including preventive and regular primary care, specialty care, and other health services, which can contribute to a poor health status.
- "Foreign-born persons" include anyone who was not a U.S. citizen or U.S. national at birth. Foreign-born persons may not have access to health care coverage or an understanding of the system. Furthermore, language barriers and cultural differences can create health challenges.

#### Special Populations Estimated – 2018-2022

Population	Washington County	Marietta City	Belpre City	Ohio	United States
Language other than English spoken at home (age 5+)	2.7%	3.4%	3.5%	7.4%	21.7%
Veterans	9.3%	9.7%	11.4%	6.6%	6.2%
Persons without health insurance (under age 65)*	8.3%	7.8%	10.8%	7.1%	9.3%
Persons with a disability (under age 65)	11.5%	12.9%	9.4%	10.1%	8.9%
All persons with a disability	16.5%	17.7%	17.9%	14.4%	13.4%
Foreign born persons	1.6%	3.6%	0.7%	4.9%	13.7%

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

Washington County is home to a higher than average percentage of Veterans (9.7%) when compared to the state (6.6%) and nation (6.2%). In particular, 11.4% of the Belpre, Ohio residents have Veteran status. The Centers for Disease Control documents that Veterans tend to experience disproportionately high rates of mental health disorders, substance use disorders, post-traumatic stress, and traumatic brain injury compared to the average civilian. It is critically important that our local health care professionals are trained to assess the complex needs of Veterans and ensure they are connected with mental and behavioral health support services when needed.

16.5% of Washington County residents report experiencing some type of disability which exceeds state (14.4%) and national percentages (13.4%). To address the needs of this population, information and services must be accessible for people with disabilities through accommodations, aids, and connections to appropriate health insurance and resources.

# **Data by Social Determinants of Health**

This section of the report shares data about our community. It is organized by "social determinants of health" to help us think about why people across Washington County may experience different challenges to health while living in the same community. The next sections of the report are organized in this order:

- Economic Stability
- Education Access and Quality
- Health Care Access and Quality
- Neighborhood and Built Environment
- Social and Community Context

# **Economic Stability**

#### **Current Employment**

Steady employment in safe working conditions can provide resources that promote health including the ability to live in safe housing, afford insurance, buy nutritious food, and reduce stress related to lack of resources. The Bureau of Labor Statistics defines labor force as people who are employed working for pay or profit. The Washington County labor force participation rate is lower than the state and national percent by more than 5%.

# Report AreaLabor Force Participation RateWashington County57.8%Marietta City57.3%Belpre City55.8%Ohio63.1%United States63.0%

#### Labor Force Participation for Population Aged 16+

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

The most common employment sectors for those who live in Washington County, OH, are Health Care, Educational Services & Social Assistance (27.7%), Manufacturing (12.9%), and Retail Trade (11.4%) (United States Census Bureau, American Community Survey 5-Year Estimates, 2018-2022). Census data is tagged to a residential address, not a work address so some of these residents may live in Washington County, OH and work elsewhere.

#### **Current Unemployment**

Unemployment creates financial instability and barriers to access including insurance coverage, health services, healthy food, and other necessities that contribute to health status. Total unemployment in the report area for the month of November in 2023 equaled 945, or 3.5% of the civilian non-institutionalized population age 16 and older (non-seasonally adjusted).

Report Area	Labor Force	Number Employed	Number Unemployed	Unemployment Rate
Washington County	26,676	25,731	945	3.5%
Ohio	5,810,498	5,635,528	174,970	3.0%
United States	169,205,838	163,308,010	5,897,829	3.5%

#### **Unemployment Rate**

United States Department of Labor, Bureau of Labor Statistics, November 2023

#### **Income and Poverty**

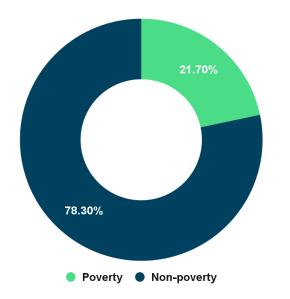
The Federal Poverty Level is determined annually by the Department of Health & Human Services based on the national poverty level, and people between 100% and 400% of the level are eligible for federal and state financial assistance. Poverty is considered a key driver of health status. This indicator is important because poverty creates barriers to accessing vital services, such as health services, healthy food, and other necessities, which can contribute to a poor health status. Healthy People 2030 set a goal of 8% or less living in poverty by 2030.

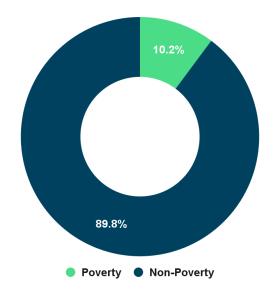
Location	Median Household Income	Per Capita Income (past yr)	Persons in Poverty
Washington County	\$59,053	\$33,987	15.3%
Marietta City	\$44,401	\$36,388	22.0%
Belpre City	\$47,474	\$28,122	17.8%
Ohio	\$66, 990	\$37,729	13.4%
United States	\$75,149	\$41,261	11.5%

#### People Living Below the Federal Poverty Level

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

#### Poverty - Children (Under 18) Poverty - Older Adults (65 and Older)





#### Income - Earnings, Social Security, Supplemental Security Income, Public Assistance, SNAP

Households in Washington County are broken down by earnings from employment as well as income from Social Security, Supplemental Security, Public Assistance, and Supplemental Nutrition Assistance Program (SNAP). The Supplemental Nutrition Assistance Program, or SNAP, is a federal program that provides nutrition benefits to low-income individuals and families that are used at stores to purchase food.

Households in Washington County	24,622
Percent with Employment Earnings	70.0%
Mean earnings (dollars)	\$81,535
Percent with Social Security Income	38.4%
Mean Social Security Income (dollars)	\$21,684
Percent with Supplemental Security Income	7.3%
Mean Supplemental Security Income (dollars)	\$12,561
Percent with Cash Public Assistance Income	1.5%
Mean Cash Public Assistance Income (dollars)	\$3,496
Percent with Retirement Income	30.8%
Mean Retirement Income (dollars)	\$24,989
Percent with Food Stamp/SNAP benefits	12.2%

#### **Employment and Assistance Income**

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

#### Housing

Access to affordable housing is a key social determinant of health. A person's access to safe, affordable housing can affect both mental and physical health. The table below

documents owner and rent occupied housing costs, housing instability, and average number of persons in each household.

	Washington County	Marietta City	Belpre City	Ohio	United States
Owner occupied housing unit rate	74.1%	57.0%	59.7%	66.8%	64.8%
Median value of owner-occupied housing units	\$164,000	\$143,200	\$141,900	\$183,300	\$281,900
Median selected monthly owner costs - with a mortgage	\$1,198	\$1,133	\$1,105	\$1,429	\$1,828
Median selected monthly owner costs - without a mortgage	\$454	\$432	\$474	\$548	\$584
Median gross rent	\$794	\$781	\$797	\$945	\$1,268
Living in same house 1 year ago, percent of persons 1 year+	87.6%	81.9%	87.2%	87.0%	86.9%
Persons per household	2.36	2.01	2.18	2.40	2.57

#### **Housing Cost and Stability**

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

#### **Severe Housing Problems**

Severe housing problems are defined as households with at least one of four housing problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities. In 2022, 11% of the Washington County population was living with severe housing problems. From 2014 to 2022, the percent of those living with severe housing problems declined 1.06% (Robert Wood Johnson Foundation, County Health Rankings, 2023).

#### **Housing Quality - Substandard Housing**

This indicator reports the number and percentage of owner- and renter-occupied housing units having at least one of the following conditions: 1) lacking complete plumbing facilities, 2) lacking complete kitchen facilities, 3) with one or more occupants per room, 4) selected monthly owner costs as a percentage of household income greater than 30%, and/or 5) gross rent as a percentage of household income greater than 30%. Selected conditions provide information in assessing the quality of the housing inventory and its occupants. This data is used to easily identify homes where the quality of living and housing can be considered substandard. Of the 24,435 total occupied housing units in the report area, 5,458 or 22.34% have one or more substandard conditions.

#### **Substandard Housing**

Report Area	Total Occupied Housing Units	Occupied Housing Units with One or More Substandard Conditions	Occupied Housing Units with One or More Substandard Conditions, Percent
Washington County	24,435	5,458	22.34%
Ohio	4,754,161	1,196,375	25.16%
United States	124,010,992	39,049,569	31.49%

United States Census Bureau, American Community Survey 5 Year Estimates, 2017-2021

#### Housing Costs - Cost Burden (30%)

This indicator reports the percentage of the households where housing costs, for owners and renters, are 30% or more of total household income. It is a measure of housing affordability and excessive shelter costs. Of the 24,435 total households in Washington County, 5,416 or 22.16% of the population live in cost burdened households.

#### **Housing Cost Burden**

Report Area	Total Households	Cost-Burdened Households	Cost-Burdened Households, Percent	
Washington County	24,435	5,416	22.16%	
Ohio	4,754,161	1,184,882	24.92%	
United States	124,010,992	37,625,113	30.34%	

United States Census Bureau, American Community Survey 5 Year Estimates, 2017-2021

#### **Food Insecurity**

Food insecurity refers to the USDA's measure of lack of access, at times, to enough food for an active, healthy life for all household members and limited or uncertain availability of nutritionally adequate foods. This indicator reports the estimated percentage of the population that experienced food insecurity at some point during the report year; food insecure households are not necessarily food-insecure at all times. Food insecurity is the household-level economic and social condition of limited or uncertain access to adequate food, which can be detrimental to physical and mental health, particularly for children. It may reflect a household's need to make trade-offs between important basic needs, such as housing or medical bills, and purchasing nutritionally adequate foods.

Report Area	Total Food Insecurity Rate			
Washington County	13.3%*			
Ohio	11.5%			
United States	11.2%			

#### Food Insecurity Rate

U.S. Department of Agriculture, Household Food Security in the United States Report Series, 2020-2022; County-Level Data from Feeding America, 2021\*

# **Education Access and Quality**

#### **Education**

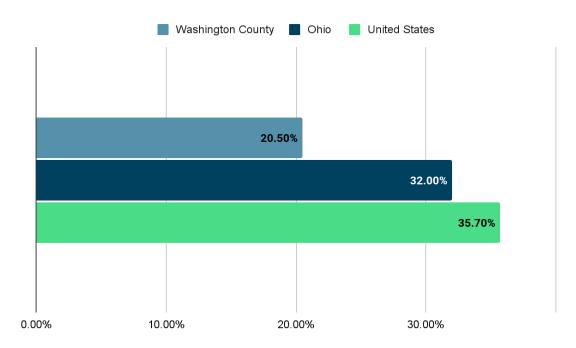
Educational attainment is one of the strongest predictors of health, linking higher educational attainment to more positive health outcomes.

Educational Attainment Population 25 years and over	Washington County	Marietta City	Belpre City	Ohio	United States
Less than 9th grade	1.7%	1.7%	1.6%	2.6%	4.7%
9th to 12th grade, no diploma	6.6%	7.6%	6.6%	5.6%	5.7%
High school graduate (includes equivalency)	37.9%	31.7%	37.9%	31.9%	26.1%
Some college, no degree	20.6%	19.9%	24.4%	19.1%	19.1%
Associate's degree	12.8%	9.2%	14.2%	8.8%	8.8%
Bachelor's degree	12.8%	16.3%	11.9%	19.4%	21.6%
Graduate or professional degree	7.6%	13.7%	3.3%	12.6%	14.0%
High school graduate or higher	91.8%	90.7%	91.8%	91.8%	89.6%
Bachelor's degree or higher	20.5%	30.0%	15.2%	32.0%	35.7%

#### Educational Attainment Persons Age 25+

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

While Washington County high school graduation rates exceed those in the state and nation, the rates of those obtaining a Bachelor's Degree or higher lag.



### Attainment of Bachelor's Degree of Higher

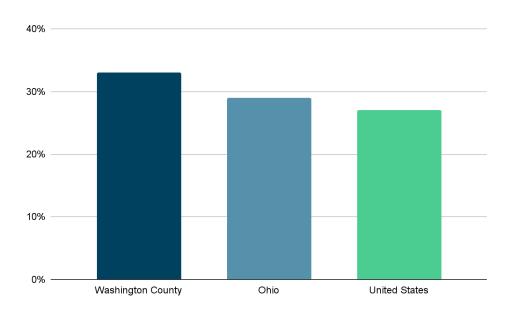
United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

# **Early Childhood Development and Education**

Healthy development in early childhood is a critical predictor of long-term health, educational attainment, and quality of life. However, access to quality child care and early educational opportunities can be expensive.

### **Income Spent on Child Care**

In Washington County, Ohio, the average household spent 33% of its income on child care for two children - a higher percentage than the state (29%) or nation (27%). This is based upon a household with two children as a percent of median household income using 2021 and 2022 data.



### Percent of Income Spent on Child Care

United States Census Bureau, 2022

# Access - Preschool Enrollment (Age 3-4)

This indicator reports the percentage of the population age 3-4 that is enrolled in school. This indicator helps identify places where preschool opportunities are either abundant or lacking in the educational system.

# **Preschool Enrollment**

Report Area	Population Age 3-4	Population Age 3-4 Enrolled in School	Population Age 3-4 Enrolled in School, Percent
Washington County	1,301	613	47.12%
Ohio	284,593	122,427	43.02%
United States	8,100,136	3,719,992	45.93%

United States Census Bureau, American Community Survey, 5 Year Estimates, 2017-2021

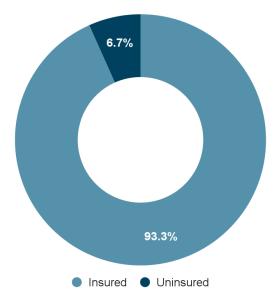
# Health Care Access and Quality

# Health Insurance

Having health insurance helps people gain entry into the healthcare system. Lack of adequate coverage makes it difficult for people to get the health care services they need and, when they do get care, burdens them with large medical bills. Uninsured persons are more likely to have poor health status and more likely to die prematurely.

# Washington County

Among the civilian noninstitutionalized population in Washington County, Ohio 93.3 percent had health insurance coverage and 6.7 percent did not have health insurance coverage (United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022). Healthy People 2030 has the goal of 7.9% or less of the population being uninsured.



#### Health Insurance Coverage

Private coverage was 65.8 percent and public coverage was 44.2 percent, respectively. The percentage of children under the age of 19 with no health insurance coverage was 4.5 percent.

### **City of Marietta**

Among the civilian noninstitutionalized population in the city of Marietta, Washington County, Ohio in 2018-2022, 93.9 percent had health insurance coverage and 6.1 percent did not have health insurance coverage. Private coverage was 57.9 percent and public coverage was 52.4 percent, respectively. Note that some people have both private and public coverage. The percentage of children under the age of 19 with no health insurance coverage was 4.5 percent.

# **City of Belpre**

Among the civilian noninstitutionalized population in the city of Belpre, Washington County, Ohio in 2018-2022, 91.8 percent had health insurance coverage and 8.2 percent did not have health insurance coverage. Private coverage was 63.1 percent and public coverage was 46.6 percent, respectively. Note that some people have both private and public coverage. The percentage of children under the age of 19 with no health insurance coverage was 5.5 percent.

# **Population Receiving Medicaid**

This indicator reports the percentage of the population enrolled in Medicaid (or other means-tested public health insurance). This indicator is relevant because it assesses vulnerable populations that are more likely to have multiple health access, health status, and social support needs. When it is combined with poverty data, this measure can be used by providers to identify gaps in eligibility and enrollment. Medicaid and the Children's Health Insurance Program (CHIP) provide health and long-term care coverage to low-income children, pregnant women, adults, seniors, and people with disabilities in the United States.

#### Population Receiving Medicaid/CHIP

	% of Population Receiving Medicaid/CHIP	
Washington County	27.0%	
Ohio	21.6%	
United States	21.1%	

Ohio Department of Medicaid, December 2023; Centers for Disease Control and Prevention, December 2023

# **Healthcare Providers and Facilities**

The availability of healthcare and health resources represents factors associated with health system capacity, which may include both the number of licensed and credentialed health personnel and the physical capacity of health facilities. In addition, the category of health resources includes measures of access, utilization, cost and quality of healthcare, and prevention services. Service delivery patterns and roles of public and private sectors as payors and/or providers may also be relevant.

# **Providers within Memorial Health System**

In 2021, ECG Management Consultants conducted a Physician Needs Assessment for Memorial Health System to better understand:

- The composition of its medical staff in relation to the total provider population
- Physician geographic and succession risks
- The ratio of physicians to advanced practice providers (APPs)

In addition to providing MHS with a comprehensive inventory of physician supply and demand (both currently and within the next five years), the assessment identifies the specialties that are vulnerable to understaffing to better position MHS to explore the strategic opportunities for expansion within its service lines. According to the methodologies used by ECG, there is a shortage of pediatricians, which will be a focus of MHS in the immediate future. There is also an estimated 15-provider shortage of OB/GYNs in the surrounding area.

Other shortage areas in the region include the medical specialties of neurology, oncology, and cardiology. Additionally, there are significant shortages in key community needs areas of urology, endocrinology, and rheumatology.

For surgical specialties, there is a shortage of cardiac/thoracic/vascular surgeons in the region. MHS will focus efforts on recruitment in this area, in an effort to support the cardio-thoracic surgery department/clinic that was started in 2020.

# **Access to Primary Care**

A primary care physician is typically a patient's first point of contact with the healthcare system and provides important preventative care, disease management, and referrals to specialists. A shortage of health professionals contributes to access and health status issues. In September of 2023, the Health Resources and Services Administration estimated that the United States currently has a 17,000 primary care provider shortage to meet need, and this shortfall is expected to grow, largely due to population growth and an aging population (Bureau of Health Workforce, Health Resources and Services Administration [HRSA], U.S. Department of Health & Human Services, Designated Health Professional Shortage Areas Statistics: Designated HPSA Quarterly Summary, as of November 1, 2023).

### **Active Primary Care Providers**

The table below shows the number of active primary care providers (including general practice, family practice, obstetrics and gynecology, pediatrics, geriatrics, internal medicine, physician assistants and nurse practitioners) per 100,000 population.

	Primary Care Providers per 100,000		
Washington County	253.10		
Ohio	297.29		
United States	278.49		

#### Active Primary Care Providers per 100,000

United States Department of Health & Human Services, Centers for Medicare & Medicaid Services, National Plan and Provider Enumeration System, September 2023

### Percentage of Adults without a Regular Primary Care Physician

This indicator reports the percentage of adults aged 18 and older who self-report that they do not have at least one person who they think of as their personal physician or healthcare provider. Regular primary care is important to preventing major health issues and emergency department visits.

Memorial Health System utilizes a population health and chronic disease management software known as CareBridge to identify and engage high risk patients in our system. In a report from 2020, of 107,995 total adult patients seen at MHS, 94.2% reported having some type of personal doctor, and 36% reported specifically having a Primary Care Provider. Healthy People 2030 would like 84% of people to report they have a Primary Care Provider.

# **Mental Health Providers**

The Robert Wood Johnson County Health Rankings report mental health providers in Washington County saw on average 501 patients per year in 2022. This is a 19.7% decrease

from the previous year (624 patients). In Ohio, each mental health provider sees on average 346 patients per year.

# Dentists

Dentists in Washington County see on average 1,704 patients per year, representing a 0.47% decrease from the previous year in which the average was 1,712 patients (Robert Wood Johnson, County Health Rankings, 2023). This is compared to an average of 1,566 patients seen per year per provider in Ohio.

# **Dental Care, Unmet Needs**

Dental care and unmet needs are important to track, because engaging in preventive behaviors decreases the likelihood of developing future problems. This data can also highlight a lack of access to preventive care, a lack of health knowledge, insufficient provider outreach, and/or social barriers preventing utilization of services.

In Ohio, an average of 14.3% of adults (19+) had unmet dental needs Based on data collected from the National Center for Health Statistics, Ohio was not significantly different from that national average (US Department of Health and Human Services, CDC, National Center for Health Statistics, 2019).

# **Children with Unmet Dental Needs**

For Ohio, the percentage of children ages 0-17 with unmet dental care needs in 2021 was 5.2%. This was according to the Ohio Medicaid Assessment Survey. 77.4% of Ohio children had visited a dentist in the past 12 months, while 70.6% of Medicaid eligible children had visited. In Washington County, the Ohio Department of Health Dental Sealant Program, administered by the Washington County Health Department, provided sealant services in schools to 85 children with unmet dental needs.

# Hospitalizations - Preventable Conditions, Medicare Beneficiaries

This indicator reports the preventable hospitalization rate among Medicare beneficiaries for the latest reporting period. Preventable hospitalizations include hospital admissions for

one or more of the following conditions: diabetes with short-term complications, diabetes with long-term complications, uncontrolled diabetes without complications, diabetes with lower-extremity amputation, chronic obstructive pulmonary disease, asthma, hypertension, heart failure, bacterial pneumonia, or urinary tract infection. Rates are presented per 100,000 beneficiaries. In the latest reporting period there were 14,851 Medicare beneficiaries in the report area. The preventable hospitalization rate was 3,040. The rate in the report area was higher than the state rate of 3,024 and national rate of 2,752 during the same time period.

Report Area	Medicare Beneficiaries	Preventable Hospitalizations, Rate per 100,000 Beneficiaries
Washington County	14,851	3,040
Ohio	2,269,020	3,024
United States	58,652,883	2,752

#### Preventable Hospitalizations of Medicare Beneficiaries

Centers for Medicare and Medicaid Services, Mapping Medicare Disparities Tool, 2021

# Diabetes Management - Hemoglobin A1c Test, Medicare Beneficiaries

This indicator reports the percentage of diabetic Medicare patients who have had a hemoglobin A1c (hA1c) test, a blood test which measures blood sugar levels, administered by a health care professional in the past year. Engaging in preventive behaviors allows for early detection and treatment of health problems. This indicator can also highlight a lack of access to preventive care, a lack of health knowledge, insufficient provider outreach, and/or social barriers preventing utilization of services. As of year 2019, 1,001 or 82.18% Medicare enrollees with diabetes have had an annual exam out of 1,218 Medicare enrollees with diabetes in Washington County.

# Diabetic Medicare Patients Receiving Hemoglobin A1c Test

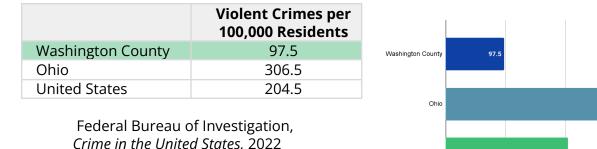
Report Area	Medicare Enrollees with Diabetes	Medicare Enrollees with Diabetes with Annual Exam	Medicare Enrollees with Diabetes with Annual Exam, Percent
Washington County	1,218	1,001	82.18%
Ohio	130,543	114,714	87.87%
United States	6,792,740	5,945,988	87.53%

Dartmouth College Institute for Health Policy & Clinical Practice, Dartmouth Atlas of Health Care, 2019

# Neighborhood and Built Environment Crime and Violence

# Violent Crime

This indicator reports the rate of violent crime offenses reported by law enforcement per 100,000 residents. Violent crime includes homicide, rape, robbery, and aggravated assault. This indicator is relevant because it assesses community safety. Washington County has significantly lower crime rates than the state and nation.



#### **Violent Crime Rates**

# **Property Crime**

This indicator reports the rate of property crime offenses reported by law enforcement per 100,000 residents. Property crime includes burglary, larceny-theft, motor vehicle theft, and arson.

United States

100

200

300

400

#### **Property Crime Rates**

	Property Crimes per 100,000 Residents
Washington County	1,108.2
Ohio	2,669.5
United States	1,673.7

Federal Bureau of Investigation, Crime in the United States, 2022

# **Food Environment**

# **Food Environment Index**

The County Health Rankings measure of the food environment assesses both proximity to healthy foods and income. In terms of access, this measure considers the distance an individual lives from a grocery store or supermarket, locations for health food purchases in most communities, and the cost barriers that exist preventing access to healthy foods. Food deserts are correlated with high prevalence of overweight, obesity, and premature death as supermarkets traditionally provide healthier options than convenience stores or smaller grocery stores. Additionally, those with low income may face barriers to accessing a consistent source of healthy food. Lacking consistent access to food is related to negative health outcomes such as weight gain, premature mortality, asthma, and activity limitations, as well as increased health care costs (County Health Rankings and Roadmaps, 2023). The Food Environment Index assesses factors that contribute to a healthy food environment on a scale of 0 (worst) to 10 (best). Below are the index average values for 2018-2020 data.

	<b>Overall Value</b>
Washington County	7.5
Ohio	6.8
United States	7.0

#### Food Environment Index

Robert Wood Johnson, County Health Rankings, 2023

# Food Desert Census Tracts

This indicator reports the number of neighborhoods in the report area that are within food deserts. The USDA Food Access Research Atlas defines a food desert as any neighborhood that lacks healthy food sources due to income level, distance to supermarkets, or vehicle access. The report area has a population of 6,224 living in food deserts and a total of 2 census tracts classified as food deserts by the USDA.

#### **Food Desert Census Tracts**

Report Area	Total Population (2010)	Food Desert Census Tracts	Other Census Tracts	Food Desert Population	Other Population
Washington County	61,778	2	14	6,224	55,554
Ohio	11,536,504	421	2,522	1,504,341	10,032,163
United States	308,745,538	9,293	63,238	39,074,974	269,670,564

United States Department of Agriculture, Economic Research Service, USDA - Food Access Research Atlas, 2019

### **Fast Food Restaurants**

This indicator reports the number of fast food restaurants per 100,000 population. The prevalence of fast food restaurants provides a measure of both access to food and environmental influences on dietary behaviors. Fast food restaurants are defined as limited-service establishments primarily engaged in providing food services (except snack and nonalcoholic beverage bars) where patrons generally order or select items and pay before eating.

#### Fast Food Restaurant Rates

Report Area	Total Population (2020)	Number of Establishments	Establishments, Rate per 100,000 Population
Washington County	59,771	49	81.98
Ohio	11,799,448	9,962	84.43
United States	266,610,714	256,375	96.16

United States Census Bureau, County Business Patterns. Additional data analysis by CARES, 2021

# **Grocery Stores**

Healthy dietary behaviors are supported by access to healthy foods, and grocery stores are a major provider of these foods. There are 10 grocery establishments in the report area, a

rate of 16.73 per 100,000 population. Grocery stores are defined as supermarkets and smaller grocery stores primarily engaged in retailing a general line of food, such as canned and frozen foods; fresh fruits and vegetables; and fresh and prepared meats, fish, and poultry. Delicatessen-type establishments are also included. Convenience stores and large general merchandise stores that also retail food, such as supercenters and warehouse club stores, are excluded.

Report Area	Total Population (2020)	Number of Establishments	Establishments, Rate per 100,000 Population
Washington County	59,771	10	16.73
Ohio	11,799,448	1,966	16.66
United States	266,610,714	62,329	23.38

<b>Grocery S</b>	tore Rates
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United States Census Bureau, County Business Patterns. Additional data analysis by CARES, 2021.

### **SNAP-Authorized Food Stores**

This indicator reports the number of SNAP-authorized food stores as a rate per 10,000 population. SNAP-authorized stores include grocery stores as well as supercenters, specialty food stores, and convenience stores that are authorized to accept SNAP (Supplemental Nutrition Assistance Program) benefits. The report area contains a total of 64 SNAP-authorized retailers with a rate of 10.73.

#### **SNAP-Authorized Food Stores**

Report Area	Total Population (2020)	Total SNAP-Authorized Retailers	SNAP-Authorized Retailers, Rate per 10,000 Population
Washington County	59,652	64	10.73
Ohio	11,693,026	9,878	8.45
United States	332,898,996	248,526	7.47

US Department of Agriculture, Food and Nutrition Service, USDA - SNAP Retailer Locator. Additional data analysis by CARES, 2023.

# **Households with No Motor Vehicle**

This indicator reports the number and percentage of households with no motor vehicle based on the 2017-2021 5 Year American Community Survey Estimates. Of the 24,435 total households in the report area, 1,362 or 5.57% are without a motor vehicle.

Report Area	Total Occupied Households	Households with No Motor Vehicle	Households with No Motor Vehicle, Percent
Washington County	24,435	1,362	5.57%
Ohio	4,754,161	357,194	7.51%
United States	124,010,992	10,349,174	8.35%

#### Households with No Motor Vehicle

United States Census Bureau, American Community Survey 5 Year Estimates, 2017-2021

# **Environmental Health**

The physical environment directly impacts health and quality of life. Exposure to substances such as lead or hazardous waste increases the risk for preventable disease.

# **Air Pollution Particulate Matter**

In Washington County, Ohio, an annual average of 8.7 micrograms per cubic meter of fine particulate matter was measured in the air. The Environmental Protection Agency (EPA) has primary annual average standards of 12.0 micrograms per cubic meter.

#### Air Particulate Matter

	<b>Overall Value</b>
Washington County	8.7
Ohio	8.4
United States	7.4

Centers for Disease Control, Environmental Health Tracking Network, 2019

# Lead Exposure Risk Index

Washington County has a high lead exposure risk due to the high proportion of older homes. In particular, Marietta had an estimated lead exposure risk index score of 10 (out of 10) in 2021 due to the age of homes. Lead can have harmful effects on both children and adults, though children under the age of 3 are at greatest risk of ingesting lead (Ohio Healthy Homes and Lead Poisoning Prevention Program, Centers for Disease Control and Prevention, 2023). Screening of children under age 5 is important. The Ohio Public Health Data Warehouse reports that 18% of children in Washington County were screened for lead in 2021 compared to 18.5% in Ohio.

Report Area	Before 1960	1960-1979	1980-1999	2000-2010	2010-2019	After 2020
Washington County	9,760	7,991	6,563	2,469	1,185	42
Ohio	2,050,627	1,365,917	1,089,170	494,787	226,671	5,561
United States	37,697,788	35,140,091	37,425,443	18,958,193	10,164,107	261,398

#### All Housing Units by Age (Time Period Constructed), Total

United States Census Bureau, American Community Survey 5 Year Estimates, 2017-2021

# **Environmental Design**

The physical design of a community impacts the likelihood of residents participating in physical activity like walking to work or for exercise, visiting a fitness facility, or visiting a park. The physical design can also impact opportunities for social interaction that are vital for health and well-being.

# **Recreation and Fitness Facility Access**

Access to recreation and fitness facilities encourages physical activity and other healthy behaviors. The report area includes 7 establishments primarily engaged in operating fitness and recreational sports facilities featuring exercise and other active physical fitness conditioning or recreational sports activities. This indicator is relevant because access to recreation and fitness facilities encourages physical activity and other healthy behaviors, which reduce the risk of chronic disease.

Report Area	Total Population (2020)	Number of Establishments	Establishments, Rate per 100,000 Population
Washington County	59,771	7	11.71
Ohio	11,799,448	1,242	10.53
United States	266,610,714	39,359	14.76

#### **Recreation and Fitness Establishments**

United States Census Bureau, County Business Patterns, 2021

# Walkability Index Score

The National Walkability Index is a nationwide geographic data resource that ranks block groups according to their relative walkability on a range of 1-20. A higher score indicates a community is better designed to encourage walking. Washington County scores in the "below average walkability" group.

### Walkability Index

Report Area	Total Population (2020)
Washington County	6.1
Ohio	8.4
United States	6.1

Robert Wood Johnson, County Health Rankings, 2023; Environmental Protection Agency, 2021

# Population Within 0.5 Mile of a Park

Populations who live within 0.5 mile of a park are more likely to engage in outdoor physical activity. This indicator reports the percentage of residents who live within 0.5 mile of a park.

Report Area	Total Population
Washington County	29.0%
Ohio	18.0%
United States	41.05

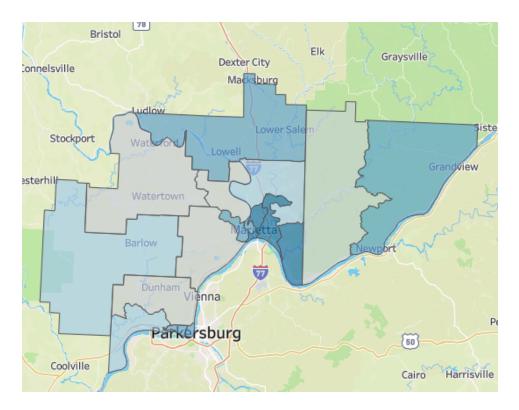
#### Population 0.5 Mile of Park

Robert Wood Johnson, County Health Rankings, 2023

# Social and Community Context

# Social Vulnerability Index (SVI)

The degree to which a community exhibits certain social conditions, including high poverty, low percentage of vehicle access, or crowded households, may affect that community's ability to prevent human suffering and financial loss in the event of disaster. These factors describe a community's social vulnerability. The social vulnerability index is a measure of the degree of social vulnerability in counties and neighborhoods across the United States, where a higher score indicates higher vulnerability on a scale of 0 (lowest vulnerability) to 1 (highest vulnerability). Washington County has an overall social vulnerability index score of 0.34 overall, which is less than the state average of 0.46 and national average of .58. Although, certain census tracts within the county are at higher risk. In particular, census tracts 209, 210, and 211 are considered health improvement zones due to their higher risk scores (over .75). They are indicated in dark blue in the map below and are all in or around the city of Marietta.



Ohio Department of Health, 2021

The graph below shows the overall SVI score as well as the score for each theme used to compute the overall score: socioeconomic status, household composition, minority status, and housing and transportation.

Report Area	Total Population	Socioeconomic Theme Score	Household Composition Theme Score	Minority Status Theme Score	Housing & Transportation Theme Score	Overall Social Vulnerability Index Score
Washington County	60,217	0.34	0.36	0.09	0.55	0.34
Ohio	11,675,275	0.42	0.47	0.51	0.50	0.46
United States	326,569,308	0.54	0.48	0.71	0.62	0.58

#### Social Vulnerability Index Scores

Centers for Disease Control and Prevention and the National Center for Health Statistics, CDC - GRASP, 2020

# **Childhood Experiences**

A safe and nurturing home environment is a strong predictor of well-being, yet many children must overcome adverse experiences decreasing their chances of optimum health. Adverse experiences are often a result of social conditions that challenge a child or caregivers' ability to cope with life; for example, discrimination, poverty, limited education or lack of employment opportunities. The cumulative stress may lead to unsafe households and relationships that are detrimental to the development of the child.

# **Adverse Childhood Experiences (ACEs)**

Adverse Childhood Experiences (ACEs) are divided into two areas: 1) abuse and family, and 2) household challenges. ACEs are associated with violence and victimization, perpetration, and health and opportunity across the lifespan. The higher the number of ACEs a person experiences, the greater likelihood of negative outcomes.

The following table displays the percentages of Washington County youth ages 12-18 who have experienced at least one ACE. These percentages draw attention to the need for interventions at the root level to improve mental and behavioral health, education, and increase options for reducing poverty and family stressors to prevent ACEs. Additionally, health services and community improvements to help children heal who have experienced these traumas are critical.

ACE by Category	Washington County Percentage	Ohio Percentage
Physical Abuse	7.08%	6.83%
Emotional Abuse	30.66%	26.82%
Sexual Abuse	8.45%	4.46%
Witnessed Domestic Violence	9.79%	7.51%
Household Mental Illness	27.5%	24.66%
Household Substance Abuse	26.81%	21.68%
Parental Separation or Divorce	42.33%	37.66%
Incarcerated Household Members	15.93%	13.37%

#### Adverse Childhood Experiences (ACEs)

OhYes! Ohio Healthy Youth Environment Survey, 2019-2020

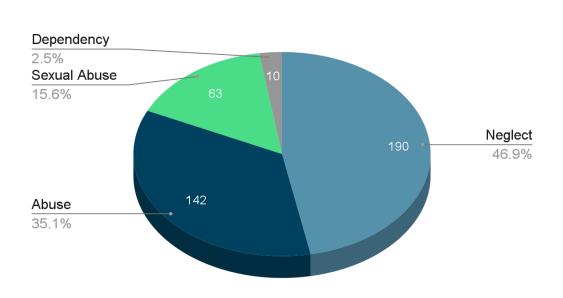
# **Risk and Protective Factors for ACEs**

	Risk factors	Protective factors
Community	<ul> <li>Communities with limited education and economic opportunities</li> <li>Communities with high rates of violence and crime</li> <li>Communities with easy access to drugs and alcohol</li> </ul>	<ul> <li>Communities with healthcare providers</li> <li>Communities with safe and affordable housing</li> <li>Communities with high-quality childcare and early childhood education providers</li> </ul>
Family and peers	<ul> <li>Caregivers who experienced ACEs as children</li> <li>Families living in poverty</li> <li>Caregivers with limited understanding of children's needs or development</li> </ul>	<ul> <li>Caregivers who provide safe, stable and nurturing relationships</li> <li>Families who can meet basic needs</li> <li>Positive friendships and peer networks</li> </ul>
Individual	Children who do not feel they can share their feelings with their caregivers	Children who develop healthy social and emotional skills

Health Policy Institute of Ohio, 2020

# **Reports of Abuse, Neglect, Dependency**

Washington County Children Services provides a 24-hour hotline to receive calls of concern for children. In 2023, 1,488 calls of concern were received involving 2,894 children. Caseworkers investigate or assess reports of abuse, neglect, and dependency to determine the immediate safety needs of the child and service needs of the family. 405 investigations involving 838 children were conducted in 2023. This is a 16% increase compared to the number of investigations in 2022.



#### Washington County Children Services Investigations Conducted in 2023

Washington County Department of Job and Family Services, Children Services Report to the Community, 2023

# Schools Attended by Children Investigated

The schools the 838 children investigated currently or will attend are listed below. There was a 174% increase in 2023 in the number of calls of concern about children who live in the Wolf Creek School District (19 calls in 2022 compared to 52 calls in 2023).

School Attended/Will Attend	Number of Children
Marietta	386
Belpre	131
Warren	108
Fort Frye	75
Frontier	47
Wolf Creek	52
Out of Washington County	36

Washington County Department of Job and Family Services, Children Services Report to the Community, 2023

# **Family Services**

To maintain children safely in their own homes, Washington County Children Services provides ongoing protective services to support children and strengthen families. When a child must be removed from the home, services are provided to resolve identified safety issues and work toward family reunification. If family reunification is not possible, an alternative permanent plan for the child is pursued.

# Washington County Family Services

2023 Family Services	Number Served
Families Served Through Open Cases	79
Children	155
Adults	115
Court Involved Cases	72
Voluntary Cases	7
Cases Closed	27
Family Reunification	11
Children Transferred to Adoption Services	9
Children Places in Legal Custody of Relatives/Kin	7

Washington County Department of Job and Family Services, Children Services Report to the Community, 2023

# **Foster Care - Adoption**

Children are placed in licensed foster homes or other contract placement settings when they have been abused or neglected and there are no placement options with relatives. Adoption is the legal process to provide support and a stable environment for children who need permanent homes.

2023 Foster Care - Adoption	Number of Children
Children in Out of Home Care	134
Children Available for Adoption	41
Finalized Adoptions	14
Local Foster Homes	27

### Washington County Foster Care & Adoption

Washington County Department of Job and Family Services, Children Services Report to the Community, 2023

# **Grandparents as Caregivers**

This indicator reports the number of grandparents who are living with and are responsible for their own grandchildren under the age of 18, and what portion of the total population they represent. It is important because caregivers are at higher risk of stress-related health issues, financial burden, and other negative factors. In Washington County, such grandparents represent a higher portion of the population than in Ohio or the country as a whole.

#### Grandparents Responsible for Grandchildren Under 18 Years Old

Report Area	Percentage of Total Population
Washington County	1.5%
Ohio	1.2%
United States	1.1%

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

# **Computer and Internet Use**

	Washington County	Marietta City	Belpre City	Ohio	United States
Households with a computer, percent	90.4%	88.7%	90.0%	92.8%	94.0%
Households with a broadband Internet subscription, percent	83.0%	82.6%	82.6%	87.6%	88.3%

#### **Computer and Internet Access**

United States Census Bureau, American Community Survey 5 Year Estimates, 2018-2022

# **Civic Participation**

Participating in the civic process including national and local elections demonstrates engagement with shaping policies that impact one's own income, health, housing, and well-being. Additionally, the number of non-profit and membership organizations in a community provide insight into social capital - resources from social relationships and organizations that are available to support well-being.

# **Voter Participation Rate, National**

This indicator reports the percentage of the adult population that voted in the national elections on November 2, 2020. Voter participation rates are calculated as a percentage of the voting age population (age 18+) and not as a percentage of registered voters. In the 2020 election, of the report area's 48,064 voting age population, 32,031 or 66.6% cast a vote.

#### Voter Participation Rate, National

Report Area	Total Citizens Age 18+ (ACS2015-19)	Total Votes Cast	Voter Participation Rate
Washington County	48,064	32,031	66.6%
Ohio	8,820,897	5,922,202	67.1%
United States	230,428,731	158,433,557	68.8%

Townhall Election Results, 2020

### **Census Participation Rate**

In Washington County, Ohio, 67.3% of households self-responded to the 2020 census (by internet, paper questionnaire or telephone). Self-responding refers to submitting census information for their own household.

Report Area	Percentage Rate
Washington County	67.3%
Ohio	66.6%
United States	65.8%

#### Census Self-Response Rate

Robert Wood Johnson, County Health Rankings, 2023

# **Nonprofit Organizations**

Washington County has 516.4 non-profit organizations per 100,000 indicating a strong foundation for creating a more equitable community.

Report Area	Nonprofits per 100,000 population
Washington County	516.4
Ohio	494.7
United States	468.6

#### Nonprofit Organizations

Robert Wood Johnson, County Health Rankings, 2023

# **Membership Organizations**

In Washington County, Ohio in 2021, there were 12.4 membership organizations per 10,000 people. These include civic, political, religious, sports and professional organizations. This rate exceeds the state (10.8) and nation (9.1). Membership associations are important for building social capital (Robert Wood Johnson, County Health Rankings, 2023).

# **Behavioral Risk Factors**

Risk factors in this category include behaviors that are believed to cause, or to be contributing factors to, injuries, disease, and death during youth and adolescence and be significant causes of mortality in later life.

# Substance Use and Abuse

Substance abuse refers to the misuse of harmful psychoactive substances including, but not limited to tobacco, alcohol, and illicit drugs. Public health policies and interventions on the local and national level can address patterns of use, accessibility of the substances, and ultimate rehabilitation of the health of affected individuals. Initial use of substances is considered preventable.

# Tobacco

# Adult Tobacco Use

This indicator reports the percentage of adults age 18 and older who self-report smoking at least 100 cigarettes in their lifetime and currently smoke some days or everyday. Tobacco use is linked to leading causes of death such as cancer and cardiovascular disease. Healthy People 2030 seeks to reduce adult smoking to 6.1% or below by 2030.

	Total Population Aged 18+	Percentage Population Smoking Cigarettes (age adjusted)
Washington County	59,423	23.20%
Ohio	11,780,017	19.26%
United States	331,893,745	13.80%

#### Tobacco Usage of Current Smokers Aged 18+

Centers for Disease Control, Behavioral Risk Factor Surveillance, 2021

# Youth Tobacco Trends in Ohio

The Ohio Youth Risk Behavior Survey (YRBS)/Youth Tobacco Survey (YTS) is conducted by the Ohio Department of Health (ODH) to monitor health risk behaviors among youth in Ohio. The most recent version of the survey was published in 2021 based upon data from middle school students (grades 6-8) and high school students (grades 9-12) in Ohio. Estimates are based on a weighted sample of 1,700 students who participated in the survey.

- Among all youth in Ohio, about one in six (16.4%) currently use at least one type of tobacco product, compared with 9.3% nationally.
- Electronic vapor products are the most used tobacco product among youth with an overall prevalence of 15.7%, followed by flavored tobacco (6.0%).
- The prevalence of ever using an e-cigarette is 35.1% among high school students, compared with 16.6% among middle school students in Ohio.
- E-cigarettes are the most common tobacco product tried first among youth in Ohio (62.6%), followed by traditional cigarettes (27.2%).
- About one in four (28.4%) Ohio youth reported using e-cigarettes because they are used by a friend or family member, and two in five (39.9%) youth get e-cigarettes by borrowing them from friends or family.
- Among Ohio youth who use any tobacco product, 42.6% reported using flavored tobacco, and 95.9% reported using e-cigarettes. Among Ohio youth who use e-cigarettes, 42.6% reported using flavored tobacco and about half (49.3%) also use marijuana.

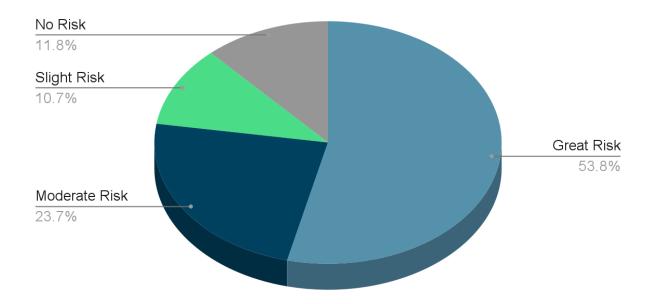
Research has demonstrated that youth who vape or use e-cigarettes are more likely to use tobacco later in life, and more likely to experience higher levels of depression and poorer mental health than non-users (Centers for Disease Control, Smoking and Tobacco Use Facts, 2023). The Healthy People 2030 target is to reduce adolescent tobacco use to 11.3% or below.

### Washington County Youth Perceptions of Tobacco Use

In 2023, a total of 1,149 local elementary, middle, and high school students completed a youth health screening questionnaire distributed by the Ohio Department of Health Tobacco Cessation Program administered by the Washington County Health Department. Students from Belpre, Marietta, Warren, Fort Frye, Frontier, Salem-Liberty, Matamoras, Lowell, Waterford, and Washington County Career Center Center participated.

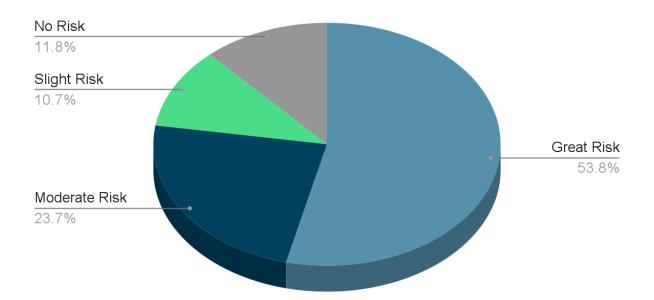
#### Perceived Risk of Tobacco/Nicotine Use

The following graph reports responses to the question, "How much do you think people risk harming themselves physically or mentally when they use tobacco/nicotine products regularly?"



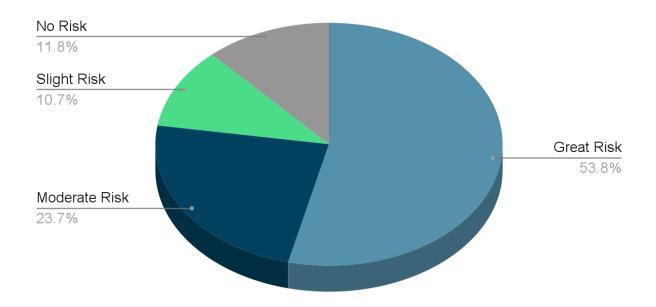
#### Parent Perception of Youth Smoking/Vaping

The following graph reports responses to the question, "How wrong would your parents/legal guardians feel it would be for you to smoke/vape?"



#### Peer Perception of Youth Smoking/Vaping

The following graph reports responses to the question, "How wrong would your friends feel it would be for you to smoke/vape?"



# Washington County Youth Exposure to Tobacco

A 2023 youth health screening questionnaire, completed by 1,149 Washington County elementary, middle and high school students, provided data on how many youth are regularly exposed to tobacco use (Youth Health Screening, Washington County Tobacco Cessation Program, 2023).

- In the last 30 days, about 25% of youth had seen their parent/legal guardian smoke a cigarette or cigar, about 16% had seen their parent/legal guardian vape, and about 22% had seen their parent/legal guardian use chewing tobacco.
- In the last 30 days, about 9% of youth had seen their sibling smoke a cigarette or cigar, about 12% of youth had seen their sibling vape, and about 6% had seen their sibling use chewing tobacco.

• In the last 30 days, about 15% of youth had seen their sibling smoke a cigarette or cigar, about 22% of youth had seen their sibling vape and about 8% had seen their sibling use chewing tobacco.

# Alcohol

The next table represents the percent of adults who report binge drinking (four or more [women] or five or more [men] drinks on one occasion in the past 30 days) or heavy drinking (eight or more [women] or 15 or more [men] drinks per week). Alcohol use is a risk factor for many negative health outcomes including: mental health conditions such as depression and suicide, physical injuries related to motor vehicle accidents, stroke, heart disease, and cancer.

Report Area	Population Age 18+	Adults Reporting Excessive Drinking	Percentage of Adults Reporting Excessive Drinking
Washington County	47,838	9,102	19.03%
Ohio	9,106,769	1,727,963	18.97%
United States	256,451,565	48,725,797	19.0%

#### **Alcohol Consumption**

Centers for Disease Control, Behavioral Risk Factor Surveillance, 2021

# **Illicit Drug Use**

The Substance Abuse and Mental Health Services Administration (SAMHSA) presented the 2022 National Survey on Drug Use and Health in the United States. SAMHSA reports that among people aged 12 or older in 2022, 24.9% (or 70.3 million people) used illicit drugs in the past year. See the full report here:

https://www.samhsa.gov/data/report/2022-nsduh-annual-national-report

### **Adult Obesity and Overweight Status**

Of adults aged 20 and older, 42.2% self-report that they have a Body Mass Index (BMI) greater than 30.0 (obese) in the report area (Washington County). BMI is calculated from height and weight. This indicator is important because excess weight may indicate an unhealthy lifestyle and puts individuals at risk for further health issues, such as cardiovascular diseases, diabetes, and high blood pressure. The Healthy People 2030 goal is to reduce the proportion of adults with obesity to 36%.

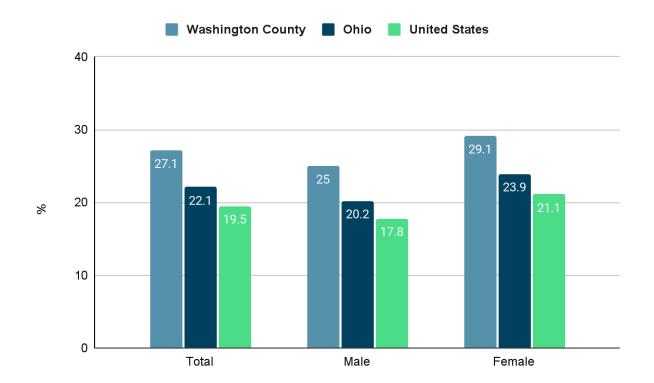
Report Area	Percentage of Adults 20+ with BMI> 30 kg/m2 (Obese)
Washington County	42.2%
Marietta City	45.0%
Belpre City	46.1%
Ohio	35.2%
United States	30.1%

#### Adult Obesity

Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, 2021

### **No Leisure Time for Physical Activity**

Within the report area, approximately 27% self-report no leisure time for activity, based on the question: "During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?" This indicator may illustrate a cause of significant health issues, such as obesity and poor cardiovascular health. The Healthy People 2030 goal is to lower the percentage reporting no leisure time to 21.2% or less.



### Adults Age 20+ Reporting No Leisure Time

Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, 2021

### **Preventive Health Screenings**

Engaging in preventive behaviors allows for early detection and treatment of health problems. This indicator can highlight a lack of access to preventive care, a lack of health knowledge, insufficient provider outreach, and/or social barriers preventing utilization of services. Reported below are the percent of the population in the indicated age range who have had that screening type.

#### **Preventive Health Screenings**

Screening Type	Washington County	Ohio	United States
Mammography (Ages 50-74 having annual screening in the past 2 years)	74.6%	77.9%	78.6%
Pap Smear Test (Ages 21-65 with a Pap Smear in the past 3 years)	83.5%	71%	72%
Colorectal Cancer Screening (Adults 50-75)	65.5%	70.2%	70.8%

2018-2020 Ohio Behavioral Health Risk Factor Surveillance System, Ohio Department of Health, 2023

### **Mental and Physical Health**

This category represents social and mental factors and conditions that directly or indirectly influence overall health status and individual and community quality of life. Mental health conditions and overall psychological well-being and safety may be influenced by substance abuse and violence within the home and within the community.

### Self-Reported Poor or Fair General Health

Within Washington County, 17% of adults aged 18 and older self-report having poor or fair health in response to the question: "Would you say that in general your health is excellent, very good, good, fair or poor?" This indicator measures perceptions of general health status.

Report Area	Total Population	Age-Adjusted Percentage of Self-Reported Poor/Fair Health
Washington County	59,423	17.0%
Ohio	11,780,017	16.5%
United States	331,893,745	15.2%

### Self-Reported Poor or Fair General Health

Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System, 2021; PLACES Data Portal, 2023

### Self-Reported Frequent Distress, Mental and Physical

Within Washington County, 17% of adults aged 18 and older self-report 14 days or more of mental distress in a 30 day period. While 11% report 14 days or more of physical distress in a 30 day period.

#### Self-Reported Frequent Distress, Mental and Physical

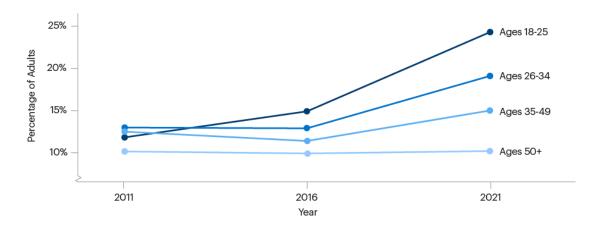
	Frequent Mental Distress	Frequent Physical Distress
Washington County	17%	11%
Marietta City	19.6%	14.1%
Belpre City	17.9%	14.2%
Ohio	16%	10%
United States	14%	9%

Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System, 2021; PLACES Data Portal, 2023

#### National Trends in Frequent Mental Distress

The Centers for Disease Control and Prevention report a significant increase in people reporting frequent mental distress over the past 10 years for people 18-49 with the greatest increase for those 18-25 years of age.

### Trends in Frequent Mental Distress by Age



Source: CDC, Behavioral Risk Factor Surveillance System, 2011 - 2021.

### **Mentally Unhealthy Days, Adults**

This indicator refers to the average number of reported mentally unhealthy days per month among adults age 18 years and over. Data was collected from respondents who answered the question: "Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?" This is important because it is a risk factor for mental illness and other disorders. Respondents also reported on their average number of physically unhealthy days in the past 30 days.

### **Mentally Unhealthy Days**

Report Area	Average Days per Month	
Washington County	5.0	
Ohio	5.0	
United States	4.4	

Robert Wood Johnson, County Health Rankings, 2023

### Physically Unhealthy Days

Report Area	Average Days per Month	
Washington County	3.4	
Ohio	3.2	
United States	3.0	

Robert Wood Johnson, County Health Rankings, 2023

### **Youth Depression**

Depression is a medical illness that causes a person to have feelings of sadness that do not go away. A person with depression may often feel hopeless, have low energy, and lack interest in activities that once brought joy. Depression can affect thoughts, feelings, behavior, mood, and physical health. This indicator reports on depression amongst Washington County youth. In 2023, 1,149 students across Washington County took the Patient Health Questionnaire (PHQ) - a short questionnaire intended to screen for depression. It asks people to report how often they are bothered by problems such as a lack of pleasure in doing things, sad or hopeless feelings, sleep problems, or trouble concentrating. The PHQ also asks whether these problems are getting in the way of carrying out daily activities. 53.6% of students demonstrated little to no indication of depression while 46.4% demonstrated some level of depression from mild to severe.

# Severe Depression 8.0% Moderately Severe 8.4% Moderate Depression 11.3% Little to No Indication 53.6%

#### Youth Depression

# **Maternal and Child Health**

One of the most significant areas for monitoring and comparison relates to the health of a vulnerable population: infants and children. This category focuses on birth data and outcomes, as well as mortality data for infants and children. Because maternal care is correlated with birth outcomes, measures of maternal access to, and/or utilization of, care are included. The number of teen mothers delivering babies is a critical indicator of increased risk for both mother and child.

### **Babies with Low Birth Weights**

This indicator reports the percentage of live births where the infant weighed less than 2,500 grams (approximately 5 lbs., 8 oz.). The averages for these data are reported for a 7-year aggregated time period. Data were from the National Center for Health Statistics - Natality Files (2014-2020). This data is important because it may represent risks to both the mother's and the infant's current and future health.

	Percentage of Very-Low-Birth-Weight Infants
Washington County	7.0%
Ohio	8.6%
United States	8.2%

#### Very Low Birth-Weight Infants

University of Wisconsin Population Health Institute, County Health Rankings, 2014-2020

### **Mothers Who Received Early Prenatal Care**

This indicator reports the number of births to females receiving adequate prenatal care beginning in the first trimester of their pregnancy. Prenatal visits to healthcare providers for examinations are important in order to ensure the health of the fetus and mother.

#### **Mothers Who Received Early Prenatal Care**

	Percentage Receiving Prenatal Care
Washington County	87.3%
Ohio	77.4%
United States	77.8%

National Center for Health Statistics, Final Natality Data, 2018-2021 Averages

### **Teen Births**

This indicator reports the rate of total births to women aged 15 to 19 per 1,000 female population aged 15 to 19. Data were from the National Center for Health Statistics - Natality files (2014-2020) and are used for the 2023 County Health Rankings. This indicator is relevant because in many cases, teen parents have unique social, economic, and health support needs. Additionally, high rates of teen pregnancy may indicate the prevalence of unsafe sex practices.

Report Area	Female Population Age 15-19	Teen Births, Rate per 1,000 Female Population Age 15-19
Washington County	12,748	21.8
Ohio	2,609,197	20.9
United States	72,151,590	19.3

#### **Teen Birth Rate**

Centers for Disease Control and Prevention, CDC - National Vital Statistics System. Accessed via County Health Rankings 2014-2020

# **Chronic Disease**

### Heart Disease Incidence

Coronary heart disease is a leading cause of death in the United States and is also related to high blood pressure, high cholesterol, and heart attacks. Coronary heart disease (CHD) is the term given to heart problems caused by narrowed heart (coronary) arteries that supply blood to the heart muscle. The percentage of adults 18 and older with coronary heart disease are reported below. Healthy People 2030 focuses on preventing and treating heart disease and improving overall cardiovascular health.

	Adults 18+ with Coronary Heart Disease		
Washington County	6.5%		
Ohio	6.2%		
United States	6.1%		

#### **Heart Disease Prevalence**

Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, 2021

### Heart Disease (Medicare Population)

This indicator reports the number and percentage of the Medicare Fee-for-Service population with coronary heart disease. Data are based upon Medicare administrative enrollment and claims data for Medicare beneficiaries enrolled in the Fee-for-Service program. Within Washington County, there were 3,252 beneficiaries with ischemic heart disease based on administrative claims data in the latest report year of 2023. This represents 30.7% of the total Medicare Fee-for-Service beneficiaries.

#### Medicare Population with Coronary Heart Disease

Report Area	Total Medicare Fee-for-Service Beneficiaries	Beneficiaries with Heart Disease	Beneficiaries with Heart Disease, Percent
Washington County	10,610	3,252	30.7%
Ohio	1,180,106	324,522	27.5%
United States	33,499,472	8,979,902	26.8%

Centers for Medicare & Medicaid Services, Chronic Conditions, 2023

### **Diabetes Incidence**

This indicator reports the percentage of adults aged 20 and older who have been told by a doctor that they have diabetes. This indicator is relevant because diabetes is a prevalent problem in the United States; it may indicate an unhealthy lifestyle and puts individuals at risk for further health issues.

#### **Diabetes Prevalence**

	Population Age 20 +	Adults 20 + Diagnosed with Diabetes
Washington County	46,289	10.3%
Ohio	8,875,161	9.9%
United States	232,706,003	8.9%

Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, 2021

### **High Blood Pressure**

Of adults aged 18 and older in the state, almost 35% have been told by a doctor that they have high blood pressure or hypertension. This indicator is important because high blood pressure is a risk factor for developing more serious health conditions. The Healthy People 2030 goal is to reduce the proportion of adults with high blood pressure to 41.9%.

#### **High Blood Pressure**

	Total Population Age 18+	% Adults with High Blood Pressure
Washington County	48,538	38.6%
Ohio	9,096,117	35.6%
United States	253,768,092	32.4%

Centers for Disease Control and Prevention, Behavioral Risk Factor Surveillance System. Accessed via the PLACES Data Portal, 2021

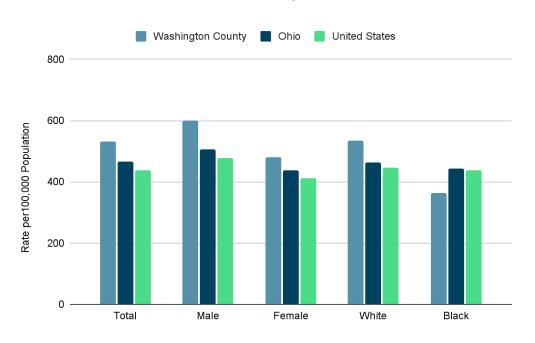
### Cancers

As reported above, this indicator examines the number of new invasive cancer cases and the age-adjusted incidence rates (per 100,000 population), along with the number of total cancer deaths and the age-adjusted mortality rates. This indicator is relevant because cancer is a leading cause of death, and it is important to identify cancers separately to better target interventions. Rates provided are for all cancers combined from 2016-2020 (Ohio Cancer Surveillance System, Ohio Department of Health, 2023).

### Cancer (All Cancers)

	Number of New Cases (Incident Rate per 100,000)	Number of Cancer Deaths (Incident Rate per 100,000)
Washington County	533.0	170.0
Ohio	465.3	166.1
United States	438.7	149.4

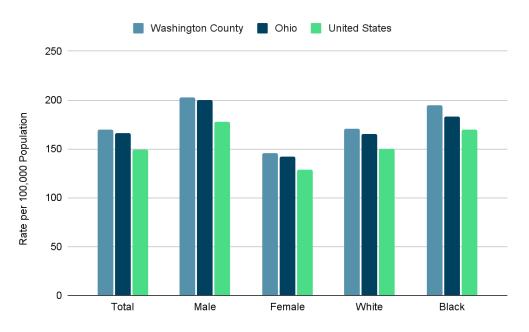
Ohio Cancer Surveillance System, Ohio Department of Health, 2023; National Cancer Institute, 2023 The Bureau of Vital Statistics of the Ohio Department of Health reports that between 2016-2020, an average of 533 new invasive cancer cases and an average of 170 deaths occurred each year among Washington County residents adjusted per 100,000 residents. Cancer incidence and mortality rates among males were higher than females. Below are incidence rates by sex and race.



New Cancer Cases by Sex and Race

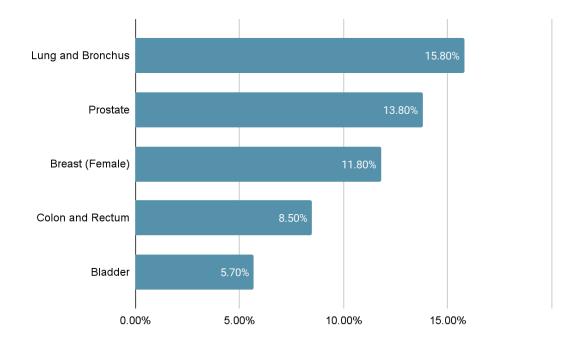
Ohio Cancer Incidence Surveillance System, Ohio Department of Health, 2023

#### **Cancer Deaths**



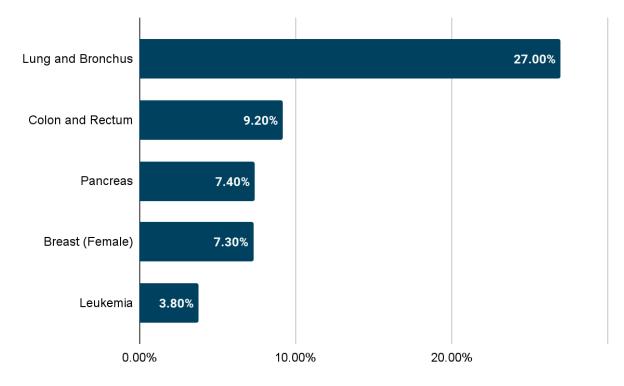
Ohio Cancer Incidence Surveillance System, Ohio Department of Health, 2023





Ohio Cancer Incidence Surveillance System, Ohio Department of Health, 2023

The leading sites/types of cancer incidence in Washington County in 2016-2020 were lung and bronchus, prostate, female breast, colon and rectum, and bladder which account for 56% of all new invasive cancer cases as represented in the graph above.



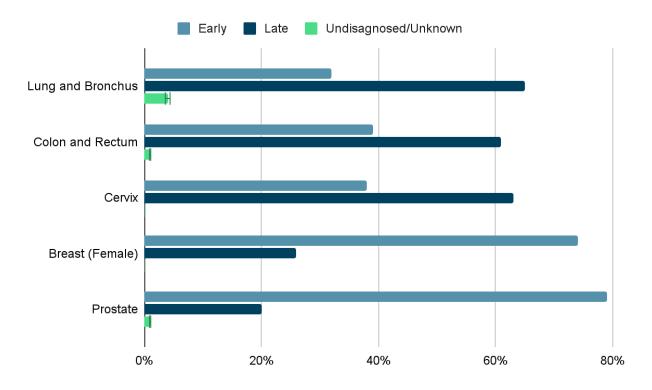
#### Top Five Cancers by Percentage of New Cancer Cases

Ohio Cancer Incidence Surveillance System, Ohio Department of Health, 2023

Washington County has higher cancer risk due to higher rates of obesity and tobacco use, and higher blood pressure. These factors lead to higher rates of certain types of cancers and a greater difficulty of successful intervention (Centers for Disease Control, 2023).

#### Stage at Diagnosis for Select Cancers in Washington County, 2016-2020

In addition to cancer type, it is also important to explore the stage at diagnosis for each case of cancer. Cancer stage at diagnosis is the spread of the tumor from the original site. Early stage cancers are those that have not spread to other parts of the body (SEER Summary Stage). Late-stage cancers are those that have spread to lymph nodes or other organs of the body. This information helps determine areas of focus for outreach education and screening activities, which may reduce the risk of developing cancer or may help diagnose at earlier stages, thus improving outcomes.



Ohio Cancer Incidence Surveillance System, Ohio Department of Health, 2023

# **Communicable Disease**

Measures within this category include diseases that are usually transmitted through person-to-person contact or shared use of contaminated instruments/materials. Many of these diseases can be prevented through a high level of vaccine coverage of vulnerable populations or through the use of protective measures, such as condoms for the prevention of sexually transmitted diseases. Vaccination and incidence rates are reported for various communicable diseases.

### **Flu Vaccinations**

Flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and sometimes the lungs. Flu can cause mild to severe illness, and at times can lead to death. The best way to prevent flu is by getting a flu vaccine each year.

	% Age 6 months and older receiving flu vaccination
Washington County	45.2%
Ohio	50.3%
United States	49.3%

#### **Flu Vaccinations**

Centers for Disease Control and Prevention, FluVax Interactive, 2023 (data from 12 month period 2022-2023)

### **Sexually Transmitted Diseases**

Sexually transmitted diseases (STDs), also known as sexually transmitted infections (STIs), are very common. Millions of new infections occur every year in the United States. The most common of which is Chlamydia. Data reported below for STDs is from the Centers for Disease Control and Prevention, National Center for HIV/AIDS, Viral Hepatitis, STD and TB Prevention, and Ohio Department of Health, and STD Surveillance. Data are reported as of 8/1/2023. Rates are shown per 100,000 persons and were calculated using census

estimates for 2021. Washington County has significantly lower STD rates than the state or nation.

### Chlamydia Incidence

	Total Population	Total Chlamydia Infections	Chlamydia Infection Rate per 100,000 Population
Washington County	59,423	123	206.99
Ohio	11,780,017	56,520	479.80
United States	331,893,745	1,644,416	495.5

#### **HIV/AIDS Incidence**

	Population Age 13+	Population with HIV//AIDS	HIV/AIDS Rate per 100,000 Population
Washington County	51,282	49	95.6
Ohio	9,947,987	24,084	242.1
United States	280,202,649	1,071,055	382.2

#### **Gonorrhea Incidence**

	Total Population	Total Gonorrhea Infections	Gonorrhea Infection Rate per 100,000 Population
Washington County	59,423	49	82.5
Ohio	11,780,017	27,838	236.3
United States	331,893,745	710,151	214.0

#### **Syphilis Infection Rate**

	Syphilis Infection Rate per 100,000 Population, primary and secondary cases	
Washington County	35.3	
Ohio	45.0	
United States	17.7	

In 2022, there were 59,016 cases of primary and secondary (P&S) syphilis, the most infectious stages of the disease, reported for a national rate of 17.7 per 100,000. Since 2000 and 2001, the rate of P&S syphilis has increased nearly every year, increasing 9.3% during 2021 to 2022. Rates of P&S syphilis increased among both men and women, among all age groups, and in all regions of the United States.

### COVID-19

In December of 2019, the first case of COVID-19 was discovered in Wuhan, China. Shortly afterward, it was declared a global pandemic, and was determined to be caused by the novel coronavirus 2 (SARS Co-V-2), which is an acute respiratory syndrome. Since then, there have been more than 84 million cases identified worldwide, which has resulted in nearly 2 million deaths (Centers for Disease Control, 2023). The virus affects people in different ways, and the severity of symptoms varies greatly, ranging from asymptomatic to severely ill and/or resulting in death. Appalchian and rural communities were disproportionately impacted by COVID-19. In particular, there have been higher rates of death among those with COVID-19 who live in rural areas compared to urban areas. Cultural norms including more sedentary lifestyles, higher rates of tobacco use, high blood pressure, lower access to nutritious foods, and higher rates of obesity create comorbidity conditions that hinder recovery from COVID-19 (Nemeth et al., 2020). In December of 2020, Emergency Use Authorization (EUA) of the first COVID vaccine was granted to 2 manufacturers, BioNTech - Pfizer, and Moderna - NIAID. Healthcare workers and emergency responders were the first group of individuals eligible for the 2-dose vaccines. Shortly after, Johnson and Johnson (Janssen) was also given EUA for its one-dose vaccine. Below is county, state, and national data for number of cases of COVID-19, number of deaths, infection rate per 100,000 population, and vaccination status. The data below are the total confirmed cases since the start of the COVID-19 pandemic until the dataset discontinuation in March of 2023. On May 11, 2023 the HHS Secretary declared that COVID-19 as a Federal Public Health Emergency had ended.

#### **COVID-19** Cases

	Total Population	Total Confirmed Cases	Cases per 100,000 Population
Washington County	60,155	15,502	25,770
Ohio	11,689,442	3,400,652	29,091
United States	326,262,499	101,470,604	31,100

Johns Hopkins University, ESRI, CARES, 2022. Last Updated 3/10/23

#### **COVID-19 Vaccination Rates**

	Fully Vaccinated Adults	Estimated Number of Adults Hesitant About Receiving COVID-19 Vaccination	Vaccine Coverage Index
Washington County	60,155	247	410.61
Ohio	11,689,442	41,794	357.54
United States	326,262,499	1,102,319	337.86

Centers for Disease Control and Prevention and National Center for Health Statistics, CDC GRASP, 2022. COVID Data Tracker, Last Updated 3/10/2023

### **Tuberculosis Incidence**

This indicator reports the incidence rate of tuberculosis cases per 100,000 population. This indicator is relevant because tuberculosis is communicable, difficult to treat, and can be fatal to those infected.

#### **Tuberculosis Incidence**

	Infection Rate Per 100,000 Population
Washington County	0.0
Ohio	1.3
United States	2.5

Ohio Department of Health, 2021; Centers for Disease Control, 2021

### **Measles Incidence**

This indicator reports the incidence of measles infections per 100,000 population. Measles is a viral respiratory disease that is highly contagious, and it can be fatal when contracted by children (Ohio Department of Health, Bureau of Infectious Diseases, 2023). Measles had been declared eliminated in the United States in 2000; however, there is a risk that measles is imported from other countries and causes outbreaks among under vaccinated or unvaccinated populations. Measles made a resurgence in 2019 with 1,282 individual cases of measles confirmed in 31 states, the largest outbreak since 1992. During January 1-December 31, 2023, a total of 58 measles cases were reported by 20 jurisdictions: California, Colorado, District of Columbia, Florida, Hawaii, Idaho, Illinois, Kentucky, Maryland, Missouri, New Jersey, New York City, Ohio, Oregon, Pennsylvania, Texas, Utah, Virginia, Washington, and Wisconsin. Healthy People 2030 has a goal of the elimination of measles.

### **Mumps Incidence**

This indicator reports the incidence of mumps infections per 100,000 population. Mumps is a viral disease that is highly contagious. The Centers for Disease Control and Prevention documents 33 reported cases of mumps in Ohio during the 2023 year. County level data is unavailable. Mumps outbreaks can occur in communities of people who previously had 1 or 2 doses of MMR vaccine. Larger outbreaks are more likely to occur in close-contact settings. High vaccination coverage helps limit the size, duration, and spread of mumps outbreaks.

# Mortality

Health status in a community is measured in terms of mortality (rates of death within a population) and morbidity (rates of the incidence and prevalence of disease). Mortality may be represented by crude rates or age-adjusted (AA) rates, by degree of premature death (years of potential life lost [YPLL]), and by cause (disease–cancer and non-cancer or injury–intentional/–unintentional).

### **Mortality: Premature Death**

This indicator reports years of potential life lost (YPLL) before age 75 per 100,000 population for all causes of death, age-adjusted to the 2000 standard. YPLL measures premature death and is calculated by subtracting the age of death from the 75-year benchmark. This indicator is relevant because a measure of premature death can provide a unique and comprehensive look at overall health status.

	Premature Deaths, 2018-2020	Total Years of Potential Life Lost, 2018-2020	Year of Potential Life Lost Before Age 75, Rate Per 100,000 Population
Washington County	994	14,004	8,598
Ohio	177,010	2,832,216	8,713
United States	4,125,218	66 ,925,233	7,296

### **Mortality: Premature Death**

Centers for Disease Control and Prevention, National Vital Statistics System (Mortality Files 2018-2020)

### **Mortality: Infants**

This indicator reports the mortality rate in deaths per 1,000 live births for infants within the first year of life. Infants under 365 days of age are the most vulnerable group, and their health is often used as an indicator to measure the health and well-being of the entire nation. Healthy People 2030 seeks a 5.0 rate or less per 1,000 by 2030.

#### **Infant Mortality**

	Infant Mortality Rate Per 1,000 Live Births
Washington County	6.01
Ohio	7.06
United States	5.40

National Vital Statistics, 2021

### **Mortality: COVID-19**

The data below report mortality rate from patients with confirmed COVID-19 disease per 100,000 population. These numbers reflect the total deaths since the start of the COVID-19 pandemic until March 2023.

#### **COVID-19 Mortality Rates**

	Total Population	Total Deaths	Deaths, Rate Per 100,000 Population
Washington County	60,155	247	410.61
Ohio	11,689,442	41,794	357.54
United States	326,262,499	1,102,319	337.86

Johns Hopkins University, ESRI, CARES, 2022. Updated 3/10/23

### **Mortality: Unintentional Injury**

This indicator reports the rate of death due to unintentional injury (accident) per 100,000 population. Figures are reported as age-adjusted to the year 2000 standard. This indicator is relevant because accidents are a leading cause of death in the United States. These can include falls, drug overdoses, and motor vehicle crashes. The Healthy People 2030 target is for this rate to drop to below 43.2 age-adjusted unintentional injury deaths per 100,000 nationally.

	Total Population, 2016-2020 Average	Five Year Total Deaths, 2016-2020	Age-Adjusted Death Rate per 100,000 Population
Washington County	60,149	207	65.9
Ohio	11,668,948	42,448	70.3
United States	326,747,554	872,432	50.4

#### Mortality: Unintentional Injury

Centers for Disease Control and Prevention, National Vital Statistics System, CDC WONDER 2016-2020

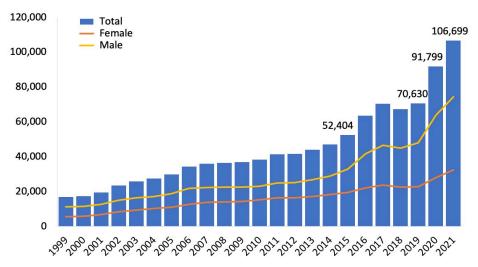
### Poisoning (Including Drug Overdose)

This indicator reports the 2016-2020 five-year average rate of death due to poisoning including drug overdose per 100,000 population. Rates are age adjusted to year 2000 standard. Poisoning deaths, particularly from drug overdose are a national public health emergency.

#### **Mortality: Poisoning**

	Total Population, 2016-2020 Average	Five-Year Total Deaths, 2016-2020	Age-Adjusted Death Rate per 100,000 Population
Washington County	60,149	81	31.2
Ohio	11,668,948	23,765	42.9
United States	326,747,554	389,651	24.0

Centers for Disease Control and Prevention, National Vital Statistics System, CDC WONDER 2016-2020, 2021



#### National Drug-Involved Overdose Deaths, Number Among All Ages, by Gender

\*Includes deaths with underlying causes of unintentional drug poisoning (X40–X44), suicide drug poisoning (X60–X64), homicide drug poisoning (X85), or drug poisoning of undetermined intent (Y10–Y14), as coded in the International Classification of Diseases, 10th Revision. Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2021 on CDC WONDER Online Database, released 1/2023.

Centers for Disease Control and Prevention, National Center for Health Statistics, 2023

### Drug Overdose Only (2022)

More recent data on drug overdose deaths alone are available at the county and state level. Reported below are the number of deaths due to drug poisoning per 100,000 people using 2020-2022 data. These include any accidental, intentional, and undetermined poisoning by and exposure to a number of drugs. In 2022, fentanyl was involved in 81% of unintentional overdose deaths in Ohio, often in combination with other drugs (Ohio Department of Health, Bureau of Vital Statistics, 2023). Drug overdose deaths are the leading cause of injury-related death in Ohio. A death rate 20.7 or below per 100,000 is the Healthy People 2030 target.

#### Unintentional Drug Overdose Death Rate

	Number of Drug Overdoses per 100,000
Washington County	39.9
Ohio	43.6
United States	pending

Ohio Department of Health Bureau of Vital Statistics and Violence and Injury Epidemiology and Surveillance Section, 2023

### **Motor Vehicle Accident**

This indicator reports the rate of death due to motor vehicle crashes per 100,000 population, which include collisions with another motor vehicle, a non-motorist, a fixed object, or a non-fixed object, as well as an overturn and any other non-collision. Motor vehicle crash deaths are preventable, and they are a cause of premature death. Healthy People 2030 has a goal of reducing motor vehicle accident fatalities to below 10.1 per 100,000 population.

**Mortality: Motor Vehicle Accidents** 

	Total Population, 2016-2020 Average	Five-Year Total Deaths, 2016-2020	Age-Adjusted Death Rate per 100,000 Population
Washington County	60,149	37	12.5
Ohio	11,668,948	6,255	10.4
United States	326,747,554	193,691	11.5

Centers for Disease Control and Prevention, National Vital Statistics System, CDC WONDER 2016-2020, 2021

### Mortality: Suicide (Self-Harm)

This indicator refers to the rate of persons committing suicide per 100,000 population. Factors such as mental illness and other disorders are linked to suicide, and identification of these factors can decrease suicide mortality rates. Washington County suicide rates exceed those of both the state and the nation. Healthy People 2030 has a goal of 12.8 per 100,000 by 2030.

#### **Mortality: Suicide**

	Total Population, 2016-2020 Average	Five-Year Total Deaths, 2016-2020	Age-Adjusted Death Rate per 100,000 Population
Washington County	60,149	51	17.6
Ohio	11,668,948	8,735	14.6
United States	326,747,554	233,972	13.8

Centers for Disease Control and Prevention, National Vital Statistics System, CDC WONDER 2016-2020, 2021

### Mortality: Homicide

Homicide, defined as the killing of one human being by another, is a major cause of death in the United States, and there are major disparities by age and race/ethnicity. Intimate partner violence, child abuse and neglect, and youth violence are sometimes precursors to homicide. Healthy People 2030 has set the goal of 5.5 or lower for the rate of homicides per 100,000 in the United States.

#### Mortality: Homicide

	Age-Adjusted Death Rate per 100,000 Population
Washington County	2.4
Ohio	6.1
United States	6.3

Federal Bureau of Investigation, Crime in the United States, 2022

### **Mortality: All Heart Disease**

For Washington County, the average age-adjusted mortality rate for 2018-2020 for all heart disease was 311.7, while the average rate for coronary heart disease was 141.3. Heart disease is a leading cause of death in the United States. The Healthy People 2030 goal is to reduce the coronary heart disease mortality rate below 71.1 per 100,000.

	Age-Adjusted Death Rate per 100,000 Population 35+	
Washington County	311.7	
Ohio	372.5	
United States	319.5	

#### All Heart Disease - Mortality

Centers for Disease Control, Interactive Atlas of Heart Disease and Stroke, 2018-2020

#### Coronary Heart Disease Mortality

	Age-Adjusted Death Rate per 100,000 Population 35+	
Washington County	141.3	
Ohio	198.6	
United States	176.4	

Centers for Disease Control, Interactive Atlas of Heart Disease and Stroke, 2018-2020

### **Mortality: Lung Disease**

This indicator reports the 2016-2020 five-year average rate of death due to Chronic Lower Respiratory Disease. Figures are age adjusted to the year 2000 standard and reported per 100,000 population. According to the World Health Organization, Chronic Lower Respiratory Disease, or CLRD, includes diseases of the airways and other structures of the lung. Specifically, Chronic Obstructive Pulmonary Disease (COPD), Asthma, occupational lung diseases, and Pulmonary Hypertension are included in the CLRD data. This indicator is relevant because lung disease is a leading cause of death in the United States.

	Total Population, 2016-2020 Average	Five Year Total Deaths, 2016-2020 Total	Age-Adjusted Death Rate per 100,000 Population
Washington County	60,149	222	45.6
Ohio	11,668,948	36,057	47.1
United States	326,747,554	783,919	39.1

### **Mortality: Lung Disease**

Centers for Disease Control and Prevention, National Vital Statistics System, CDC WONDER 2016-2020

### **Mortality: Stroke**

Within the Washington County area, there were an estimated 43.6 deaths due to cerebrovascular disease (stroke) per 100,000 population. Figures are reported as age-adjusted to the year 2000 standard for data between 2018-2020. Stroke is a leading cause of death in the United States. The Healthy People 2030 target is for this rate to drop to below 33.4 age-adjusted deaths per 100,000 nationally.

### **Mortality: Stroke Rates**

	Total Population, 2016-2020 Average	Five Year Total Deaths, 2016-2020 Total	Age-Adjusted Death Rate per 100,000 Population
Washington County	60,149	207	43.6
Ohio	11,668,948	32,494	42.7
United States	326,747,554	746,604	37.6

Centers for Disease Control and Prevention, National Vital Statistics System, 2018-2020

#### Mortality: Stroke by Gender

	Age-Adjusted Death Rate per 100,000 Population	
	Male Female	
Washington County	46.9	41.0
Ohio	43.3	41.7
United States	38.1	36.5

Centers for Disease Control and Prevention, National Vital Statistics System, 2018-2020

### **Mortality: Cancer**

The most recent year for which reported incidence and mortality data are available lags 2 to 4 years behind the current year due to the time required for data collection, compilation, quality control, and dissemination. Rates for all cancers combined from 2016-2020 are the most recently reported. The Healthy People 2030 goal is to reduce the cancer death rate to below 122.7.

	Number of Cancer Deaths (Incident Rate per 100,000)
Washington County	170.0
Ohio	166.1
United States	149.4

### **Cancer Mortality (All Cancers)**

Ohio Cancer Surveillance System, Ohio Department of Health, 2023, National Cancer Institute, 2023 (based on 2016-2020 data)

# Community Health Survey (CHS)

# **Community Health Survey (CHS)**

The Community Health Survey is intended to capture perceptions of community health firsthand from residents in Washington County, Ohio. The survey guides people to do the following:

- Identify resources that support a healthy community
- Identify community needs and barriers to health
- Rate quality of life
- Anticipate how community health will be impacted by upcoming changes

### **Community Themes & Strengths**

Community Themes and Strengths were assessed as part of the Community Health Survey. In the next sections, you will read about the perceptions of community members related to health factors, challenges, and resources. **See Appendix B to review the full summaries of top factors for each.** 

### **Top 3 Factors for a Healthy Community**

Community members were asked to select the top three most important factors for a healthy community. They could select from a predetermined list and/or add their own factors. 374 people responded. *Access to Healthy Food* was selected by 155 people as a top three factor - 42% of community members included this in their top three. These factors were closely followed by Good Jobs and Economy, and Affordable Housing.

### Top 3 Factors for a Healthy Community

1	Access to Healthy Food	42%	155
2	Access to Affordable Healthcare	35%	129
3	Clean Air and Water	24%	90

Washington County Community Health Survey, 2024

### **Top 3 Community Health Problems**

Community members were asked to select the top three health problems in our community. They could select from a predetermined list and/or add their own factors. 374 people responded. *Substance Use Problems (Tobacco, Alcohol, Illicit Drugs, or Misuse of Prescription Drugs)* was selected by 259 participants as a top three factor - 69% of community members included this in their top three.

### **Top 3 Community Health Problems**

1	Substance Use Problems (Tobacco, Alcohol, Illicit Drugs, or Misuse of Prescription Drugs)	69%	259
2	Mental Health Problems	63%	235
3	Cancers	50%	186

Washington County Community Health Survey, 2024

### **Top 3 Barriers to Health**

Community members were asked to select the top three health problems in our community. They could select from a predetermined list and/or add their own factors. 374 people responded. *Low Income* was selected by 218 participants as a top factor - 59% of community members included this in their top three.

### **Top 3 Barriers to Health**

1	Low Income	59%	218
2	Addiction	37%	137
3	Low Motivation to Engage in Healthy Behaviors	35%	131

Washington County Community Health Survey, 2024

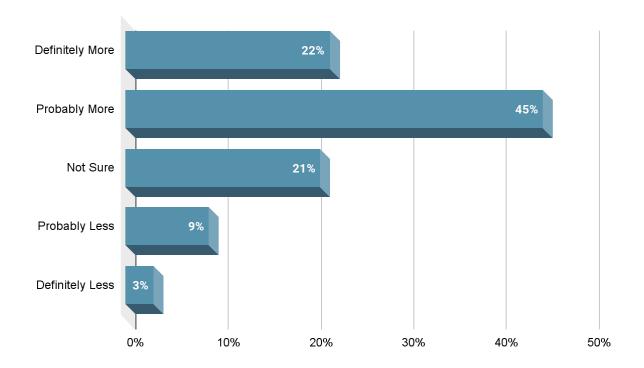
### **Barriers to Health**

Community members were asked **"Do some people in our community seem to have more barriers to health than others? If so, why do you think that is?"** 178 people responded - all of them said yes, some people do seem to have more barriers. The responses were coded into categories. The strongest themes in order of frequency were

- People with low income
- People with low education
- Working poor/people in the lower middle class (in the "Gap" making them ineligible for assistance)
- People without quality healthcare/insurance
- People with mental illness
- People with addiction
- People who lack social support
- People with poor habits/motivation (passed down through generations)
- The elderly
- People with disabilities
- People in minority groups
- People without reliable transportation
- People who live in rural areas lacking communication and health resources
- Children who attend poor performing schools
- People who lack quality child care

### **Resource Comparison**

Community members were asked, **"Do you feel you have more resources to be healthy or** *less than most community members?*" 366 people responded.



Perception of Health Resources Compared to Others

### **Top 3 Resources to Support Health**

Community members were asked to select the top three most helpful resources to support health in our community. They could select from a predetermined list and/or add their own factors. 367 people responded. *Money to Pay for Healthcare/Insurance* was selected by 111 participants as a top three factor - 30% of community members included this in their top three.

1	Money to Pay for Healthcare/Insurance	30%	111
2	Social Support (Neighbors, Friends, Family)	27%	100
3*	Affordable Access to Doctors/Specialists	25%	91
3*	Safe Parks, Sidewalks, Trails, & Recreation	25%	91
*Tied			

#### Top 3 Resources to Support Health

Washington County Community Health Survey, 2024

#### **Resources & Assets**

A number of resources were identified and ranked as part of the Community Survey. See **Appendix B** for a full summary. Additionally, community resources in Washington County were identified as part of a CHA kick-off meeting with cross-sector partners and the public. **Appendix B** contains this resource list as well.

### **Focus on Health Improvement**

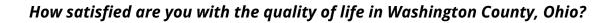
Community members were asked to identify what they felt we needed to focus on in Washington County to improve the health of community members. 280 people responded. The key themes are provided below:

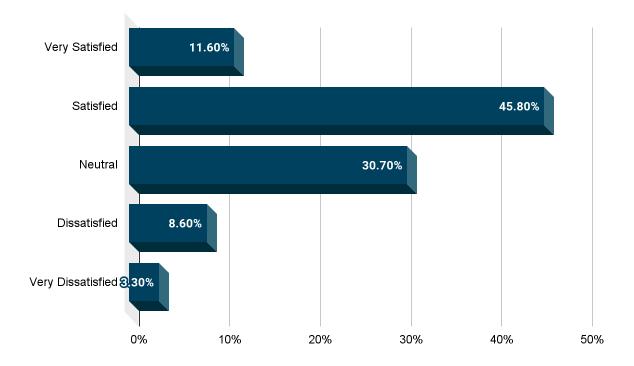
- Healthcare Options (Insurance, Providers/Specialists)
- Affordable Housing
- Transportation
- Support for Those Ineligible for Government Assistance/Yet Too Low of Income to Meet Needs

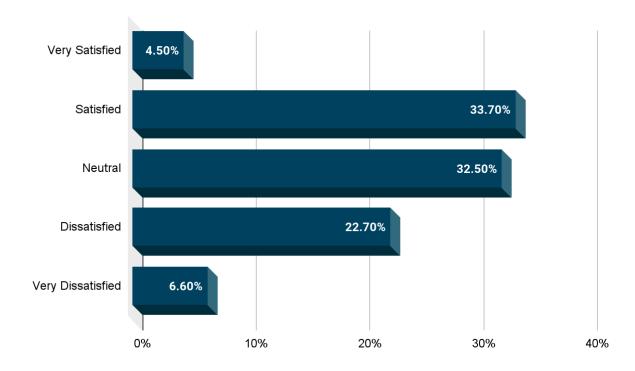
- Mental Health and Addiction Services Focused On Recovery and Support
- Access to Healthy Food
  - Better Nutrition Standards for Food Programs
- Youth Outreach & Education to Prevent Poor Health
- Individual & Group Motivation to Change Behaviors
  - Neighborhood Based Cooking & Walking Clubs
- Active Living
- Clean Air and Water
- Support Local Health Departments in Consolidation Process
- Affordable, Quality Childcare
- Quality of School System
- Support of Older Adults
- Public Safety
- Homelessness

## **Quality of Life**

Community members were asked to rate their satisfaction level with quality of life questions/prompts about Washington County, Ohio. 336 people responded. The results are below.

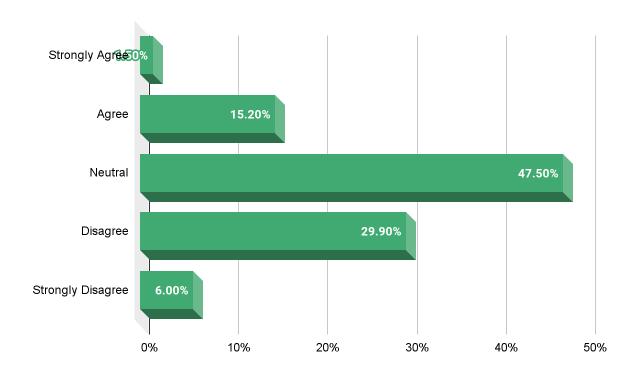




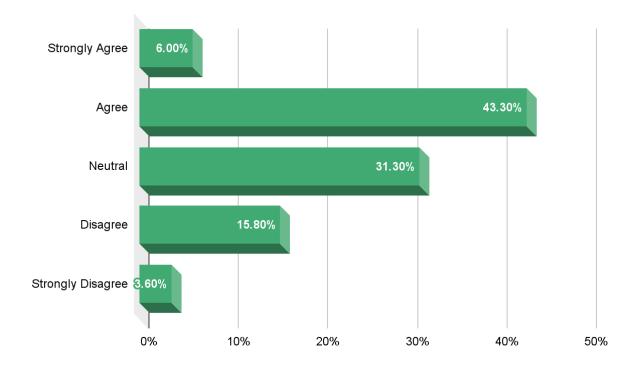


How satisfied are you with the health care system in the community?

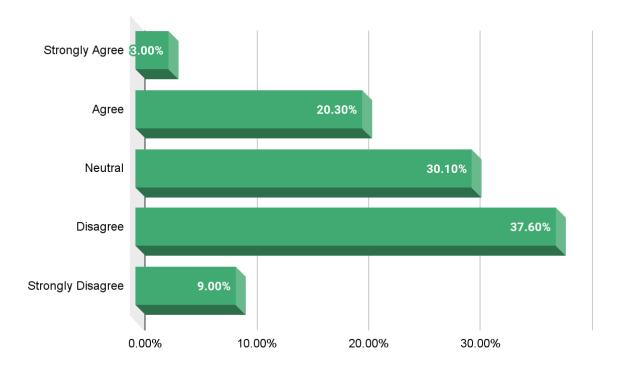
## Washington County is a healthy community.



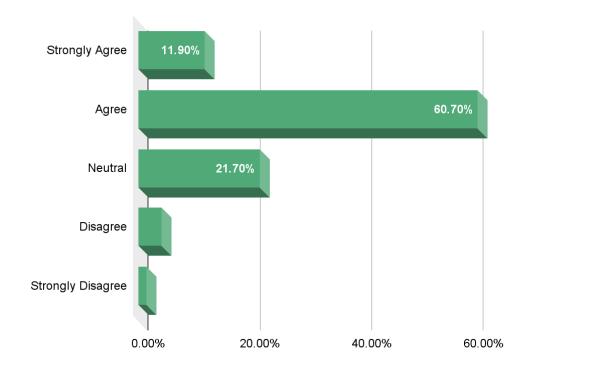




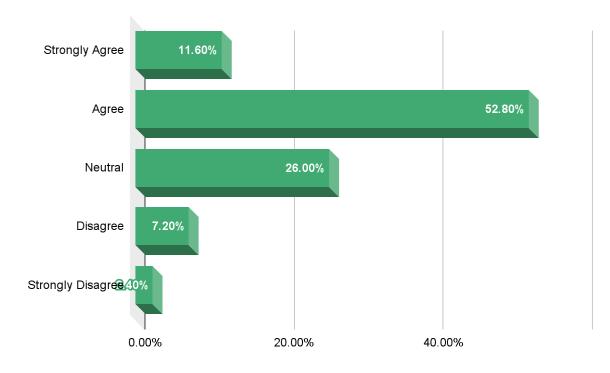
There is economic opportunity for all in this community.



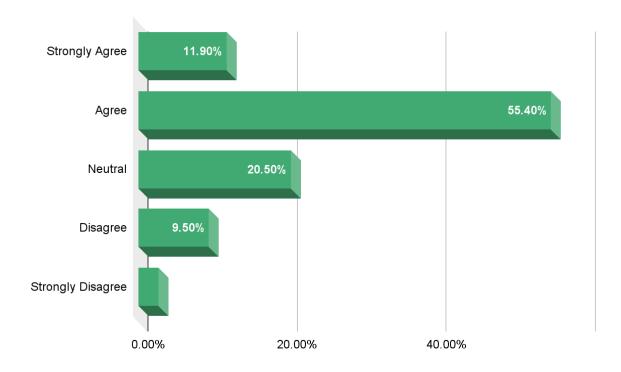
This community is a safe place to live.



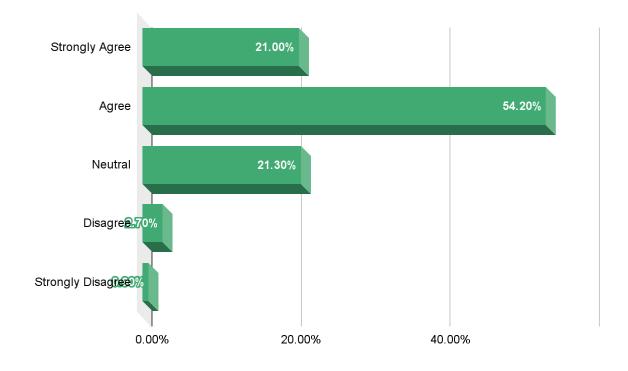
This community is a good place to raise children.



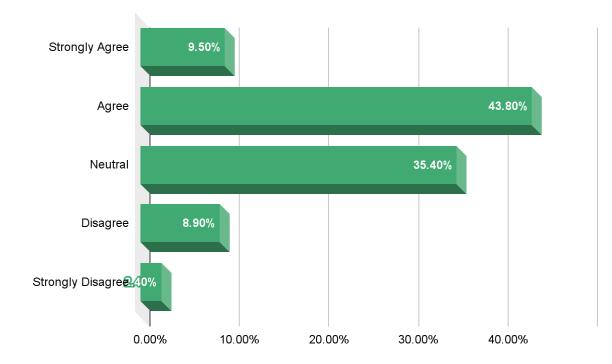
This community is a good place to grow old.



## I believe I can work with others to make the community a better place to live.



The people who provide health services in our community coordinate to meet needs.



## **Forces of Change**

The Forces of Change Assessment focuses on identifying upcoming changes that can affect the community and its public health system. These changes can be new laws, technology, industry shifts, and many others. 202 community members responded to open-ended questions about changes they think will have an impact on future health. Responses were analyzed using Content Analysis, a technique for systematically identifying certain words, themes, and concepts within texts (Berelson, 1952; Hsieh & Shannon, 2005). Key categories within which the text can be organized (for example, presidential election or environmental regulations) are called code categories. The code categories that emerged in analysis are reported after each question.

## **Upcoming Changes**

Is there anything happening now or in the next year that you think will affect the health of our community? These can be local, regional, national, or global changes. List or describe any changes that you think are happening or will happen.

## **Presidential Election**

Potential Changes to Laws

Particularly Women's Rights & Trans Rights Concern for Negative Political Climate (e.g. Bullying, Division)

## Cost of Living

Increased Cost of Basic Necessities (Food, Housing, Utilities) Outpacing Income Increase in Minimum Wage

#### **Mental Health**

Increased Stressors Due to Cost of Living, Law Changes, Technology Use Increased Rates of Depression

Increased Substance Use Problems

Legalization of Marijuana = Increased Youth Access

#### **Environmental Changes**

Stronger Environmental Protection Agency Regulations for Water Quality Climate Change

New Water Treatment Plant in Lowell to Improve Water Quality

Air Pollution from Plants in Area

#### **Funding Changes**

Post COVID Changes to Funding (Loss of Funding to Programs, Organizations,

and Families)

Ohio Medicaid Changes to Offer Better Dental Care

Reduction of Funding from City

Reduced Funding of Police and Fire Services

Elimination of Funding for the Marietta/Belpre Health Department

Potential Consolidation of City and County Health Departments

Loss of Recreation Opportunities

Reduction of Faculty & Programs at Marietta College

#### Immigration

Increased Concern for Strain on Economy

Increased Concern for Spread of Viral Infections from Unvaccinated Immigrants

Increased Concern for Drugs and Crime to Enter United States

#### Vaccines

More Experimental Vaccines

Vaccine Hesitancy

#### **Farmers Market**

Addition of New Market in Belpre

#### **Homeless Shelter**

First Overnight Homeless Shelter Opening

#### Pediatric Emergency Care

New Pediatric Emergency Room Opening on Belpre Medical Campus

#### Life Expectancy

Increased Length of Life

## **Health Outcomes of Changes**

# How do you think the changes you listed in the last question will impact health in our community?

#### Code Categories - Health Outcomes

#### **Presidential Election**

Political Polarization

Negatively Impacted Relationships

Changes in Rights, Particularly for Women

#### **Cost of Living**

Increased Stress

**Unmet Medical Needs** 

**Poorer Nutrition** 

Unsafe Housing

#### **Mental Health**

Increased Stress

Increased Rates of Depression

Increased Rates of Self-Harm and Suicide

Increased Substance Use Problems

Increased Domestic Violence

Increased Adverse Childhood Experiences

Increased Grandparents as Caregivers

#### **Environmental Changes**

Better Protections from EPA to Improve Air and Water Quality

Shifts in Immunity

Improvements to Water Quality in Lowell

More Lung Disease and Cancers from Exposure to Chemicals in Air and Water in Unregulated Plants

#### **Funding Changes**

Loss of Health Programs Decreased Vaccination Rates Better Dental Care for Medicaid Patients Slower Local Response Times to Police and Fire Calls Increases in Crime Increases in Deaths Consolidation of City and County Health Departments Loss of Some Services More Effective Delivery of Services Overall Fewer Collaborations with and Volunteers from Marietta College

#### Immigration

Increased Strain on Economy Increased Spread of Viral Infections from Unvaccinated Immigrants Increased Drugs and Crime

#### Vaccines

Risky Vaccine Exposure

**Resurgence of Viral Infections** 

#### **Farmers Market**

Better Access to Health Food

#### **Homeless Shelter**

Greater Opportunity to Assist People in Connecting with Support

#### **Healthcare Services**

Better Emergency Services for Children Greater Reach of Health Services throughout County

#### Life Expectancy

Greater Need for Age in Place Support

## **Resources to Address Changes**

What resources do we have in our community to address the changes you listed?

Code Categories - Resources
ocal Organizations & Groups
Health Departments
Memorial Health System
Washington County Behavioral Health Board
Washington - Morgan County Community Action
Washington County Job & Family Services
Consultants
Dental Offices
Schools
Civic Organizations
Fitness Centers
Food Pantries
Pharmacies
Health Care Provider Offices
Senior Centers

- Ely Chapman
- Churches
- **Civic Groups**
- **County Commissioners**
- Mayor's Office
- Elected Officials
- GoPacks
- Women's Health Center
- Planned Parenthood
- Police Department
- EMS
- Fire Departments
- Support Groups
- Addiction Counselors
- St. Joseph's Recovery Center
- Drug Court
- Boys & Girls Club
- **OSU Extension Office**
- Washington County Family & Children First

## State/National Organizations & Groups

- Environmental Protection Agency
- Government Elected Officials

#### **Healthy Recreation Options**

- Walking/Bike Path
- Trails

## **Government & Marketplace Funding**

- Medicaid
- Medicare
- Marketplace and Employer Health Insurance

## **Resources Needed**

## What resources are we missing, but should have to address these changes?

Code Categories - Resources Needed
Housing
Affordable Housing Options
Shelters for Those Without Homes
Healthcare Services
More Mental Health Providers
Free Clinics
Mobile Clinics
Effective Leadership
Stronger Support from Local Leaders
Better Funds Management by Elected Officials
Culture Change
Shift in Approach to Health to Address Root Problems with Behavior and
Environmental Changes
Funding
Federal, State, and Local Funding for Health Programs and Resources
Better Collaboration
More Connections Among Public Health System Partners to Boost Impact
Increased Collaboration Among Local Dentists
More Collaboration Between Local Government and Local Agencies in Decision
Making

#### **Communication & Education**

Better Marketing of Resources Available

Destigmatizing of Vaccines Through Messaging

Better Guides to Navigate Systems

Education Classes on Preventative Care, Physical Activity, and Legislation that Impacts Health

#### Environment

Stronger Pollution Regulations on Local Companies Better Transportation Options in Built Environment

#### Safe Social Spaces

More Places for Social and Physical Activities

Parenting Groups

Affordable Fitness or Gathering Places

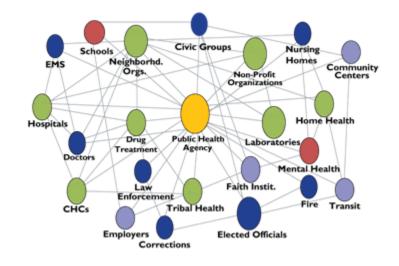
#### Food

Incentives for Chain Stores to Donate Unused Food Nutrition/Cooking Education

# Local Public Health System Assessment (LPHSA)

# Local Public Health System Assessment (LPHSA)

The **Local Public Health System** (LPHS) is made up of all organizations (public, private, and voluntary) that contribute to the delivery of public health services within Washington County.



Local Public Health System Depiction, Source: CDC

The Local Public Health System Assessment (LPHSA) examines how well public health system partners collaborate to provide public health services based on nationally recognized performance standards. The LPHSA answers the question: **"How are the 10** Essential Services in Public Health being provided to our community?"

The **10 Essential Public Health Services (EPHS)** that guide the assessment are listed below:

- 1. Monitor health status to identify community health problems.
- 2. Diagnose and investigate health problems and health hazards in the community.
- 3. Inform, educate, and empower people about health issues.
- 4. Mobilize community partnerships to identify and solve health problems.
- 5. Develop policies and plans that support individual and community health efforts.

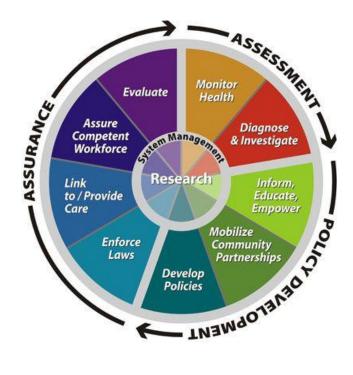
6. Enforce laws and regulations that protect health and ensure safety.

7. Link people to needed personal health services and assure the provision of health care when otherwise unavailable.

8. Assure a competent public health and personal health care workforce.

9. Evaluate effectiveness, accessibility, and quality of personal and population-based health services.

10. Research for new insights and innovative solutions to health problems.



Essential Public Health Services, Source: CDC

The LPHSA instrument is organized by the 10 Essential Public Health Services (EPHS) and has a series of questions related to each Essential Service for which people rate activity levels. From February to April 2024, community partners in Washington County were provided the online survey and asked to rate the level of activity in our local public health system (demographic information in Appendix C). For each statement, participants were asked to rate the LPHS measures on a sliding scale with values from 0-100 indicating the level of activity demonstrated by the local health system. The results of this measure assess the functioning of the entire health system, not just one agency, and can be useful in strengthening interconnectedness amongst partners to improve public health. Each EPHS score can be interpreted as the overall degree to which the Washington County public health system meets the performance standards (quality indicators) for each Essential Service. The guidelines below are used to make sense of participants' scoring of each level of activity on the Performance Measures that make up each Essential Service:

Optimal Activity (76-100%) - Greater than 75% of the activity described within the question is met.

Significant Activity (51-75%) - Greater than 50% but no more than 75% of the activity described in the question is met.

Moderate Activity (26-50%) - Greater than 25% but no more than 50% of the activity described in the question is met.

Minimal Activity (1-25%) - Greater than zero but no more than 25% of the activity described within the question is met.

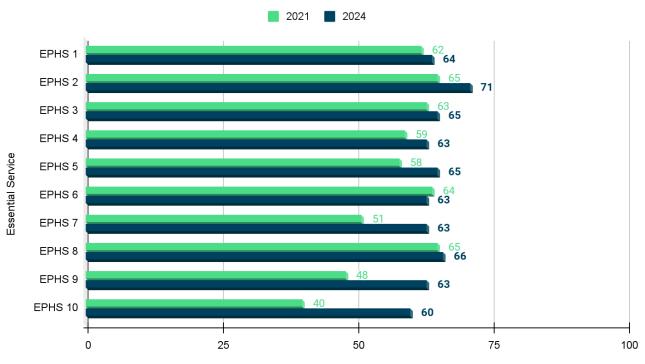
No Activity (0%) - 0% or absolutely no activity

## Local Public Health Assessment Results

The table below displays the average score for each EPHS in 2021 and 2024.

10 Ess	ential Services Activity Level	Average Score 2021	Average Score 2024
1	Monitor health status to identify community health problems.	62%	64%↑
2	Diagnose and investigate health problems and health hazards in the community.	65%	71%↑
3	Inform, educate, and empower people about health issues.	63%	65%↑
4	Mobilize community partnerships to identify and solve health problems.	59%	63%↑
5	Develop policies and plans that support individual and community health efforts.	58%	65%↑
6	Enforce laws and regulations that protect health and ensure safety.	64%	63%↓
7	Link people to needed personal health services and assure the provision of health care when otherwise unavailable.	51%	63%↑
8	Assure a competent public health and personal health care workforce.	65%	66%↑
9	Evaluate effectiveness, accessibility, and quality of personal and population-based health services.	48%	63%↑
10	Research for new insights and innovative solutions to health problems.	40%	60%↑
Overall Average Score		58%	<b>64%</b> ↑

The results show growth in all areas except EPHS 6 which decreased slightly. The greatest growth from 2021 to 2024 can be seen in EPHS 9 and EPHS 10. The graph below shows the same data as the chart above.



Essential Services Activity Level Comparison 2021 to 2024

Activity Level

The table below displays all 10 Essential Services in rank order from highest performance to lowest based upon the average score for each EPHS in 2024.

10 Essential Services Rank-Ordered by Activity Level for 2024		Average Score 2021	Level of Activity	Average Score 2024	Level of Activity	Change from 2021 to 2024
2	Diagnose and investigate health problems and health hazards in the community.	65%	Sig	71%	Sig	¢
8	Assure a competent public health and personal health care workforce.	65%	Sig	66%	Sig	¢
3	Inform, educate, and empower people about health issues.	63%	Sig	65%	Sig	¢
5	Develop policies and plans that support individual and community health efforts.	64%	Sig	65%	Sig	¢
1	Monitor health status to identify community health problems.	62%	Sig	64%	Sig	¢
4	Mobilize community partnerships to identify and solve health problems.	59%	Sig	63%	Sig	¢
6	Enforce laws and regulations that protect health and ensure safety.	64%	Sig	63%	Sig	↓
7	Link people to needed personal health services and assure the provision of health care when otherwise unavailable.	51%	Sig	63%	Sig	ſ
9	Evaluate effectiveness, accessibility, and quality of personal and population-based health services.	48%	Mod	63%	Sig	¢
10	Research for new insights and innovative solutions to health problems.	40%	Mod	60%	Sig	¢
Ove	erall Score	58%	Sig	64%	Sig	Ť
Key: Optimal Activity= <b>Opt</b> , Significant Activity= <b>Sig</b> , Moderate Activity= <b>Mod</b> , Minimal Activity= <b>Min</b> , No Activity= <b>No</b>						

**Highest Ranked:** EPHS 2 (Diagnose and investigate health problems and health hazards) was assessed as *Significant Activity* in 2024. This is the same activity level as the Washington County 2021 and 2017 LPHSA assessments. However, within that activity level, performance has improved from 65% in 2021 to 71% in 2024.

**Lowest Ranked:** EPHS 10 (Research for new insights and innovative solutions to health problems) was assessed as a *Significant Activity* level in 2024. Though it is the lowest ranked EPHS for activity level, this measure improved from the 2021 and 2017 Washington County LPHSA assessment levels in which it was rated at a *Moderate Activity* level. EPHS 10 shows the greatest growth with a 20% improvement from 2021.

**Overall Performance:** The average of all EPHS scores resulted in an assessment level of *Significant Activity.* There was a 6% increase in the overall average activity level of the local public health system from 2021 to 2024.

No EPHS scores reached the *Optimal Activity* level, which provides opportunity for further improvement. No EPHS scores were at the *Moderate, Minimal*, or *No Activity* levels which is favorable.

## Discussion of Scores by Essential Public Health Service

This section provides more detail on each of the 10 EPHSs. For each EPHS, you will find more detail about each standard that makes up the EPHS and the scores for each. Demographic data of respondents for each EPHS can be found in **Appendix C**. Respondents were asked to comment on areas of strength and areas for improvement after rating activity levels for each EPHS. A summary of open-ended responses are provided after the tables. Open-ended responses were sorted into categories that share a common theme (for example, "informing the public") (see Lindlof & Taylor, 2011, for more about coding). The summaries below each table highlight the key themes identified.

## Essential Service 1: Monitor Health Status to Identify Community Health Problems

193 respondents rated activity levels for EPHS1. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
1.1 CHA		65%	65%
	1.1.1 Conduct regular (Community Health Assessments) CHAs?	68	67
	1.1.2 Update the CHA with current information continuously?	63	63
	1.1.3 Promote the use of the CHA among community members and partners?	64	64
1.2 Current Technology		60%	63%
	1.2.1 Use the best available technology and methods to display data on the public's health?	59	61
	1.2.2 Analyze health data, including geographic information, to see where health problems exist?	60	64
	1.2.3 Use computer software to create charts, graphs, and maps to display complex public health data (trends over time, sub-population analyses, etc)?	60	63
1.3 Registries		62%	63%
	1.3.1 Collect timely data consistent with current standards on specific health concerns in order to provide the data to population health registries?	63	63
	1.3.2 Use information from population health registries in CHAs or other analyses?	61	63

## **Qualitative Responses**

76 respondents recorded strengths and areas for improvement related to EPHS1.

## Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Information sharing and linkages among local health system partners to meet community needs
- Public health screenings
  - Preventative services
    - Low cost wellness checks
    - Heart screenings
  - Blood drives
- Wellness education
  - Cooking classes
  - Breast cancer awareness initiatives
  - Farmacy program in Sistersville
  - Health fairs
- Collaboration across multiple entities to conduct community health assessments regularly
  - Use of expertise and multi-party collaboration to update and design assessment approach (including Washington County and Marietta/Belpre Health Departments, Memorial Health Systems, Washington County Creating Healthy Communities Coalition partners, etc.)
  - Focused efforts to make community health assessments more accessible to everyone across the county
  - Use of community health assessment data to identify needs and develop services
  - Informing public of health issues impacting them related to community health assessment findings and additional data sources across local public health system partners

## Areas for Improvement

For the prompt "Please describe how our community can improve upon the services above," the following themes emerged:

- Increase marketing/advertising and education to public about health
  - Tailor messages to each local community/population
  - Ensure everyone is aware of the services that exist
  - Share findings with public in an understandable way
  - Make detailed information and educational materials about community health status easier to find for the public
- Ensure needs and services compliment each other
  - Continue to boost community engagement in assessing needs and developing services
  - Continue to strategize on needs/services related to individual circumstances (e.g. lack of funds for bed bug mitigation) and ongoing challenges (e.g. transportation, food insecurity, outreach for dental/vision care)
- Increase education of health system partners
  - Educate employees on importance of services available beyond their organizations
  - Educate public officials to ensure accurate understanding of health issues and policy/program needs
- Continue to engage health system providers and partners to ensure strong representation in health assessments and shared information
  - Conduct more consistent check-ins throughout the year with health system partners on priorities identified in Community Health Improvement Plan
  - Improve EMR communication
- Offer additional services
  - Offer more employee wellness screening and activities within local organizations
  - Offer more mobile health opportunities

## Essential Service 2: Diagnosing and Investigating Health Problems and Health Hazards

189 respondents rated activity levels for EPHS2. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
2.1 Identification and Surveillance		63%	68%
	2.1.1 Participate in a comprehensive surveillance system with national, state, and local partners to identify, monitor, and share information and understand emerging health problems and threats?	61	66
	2.1.2 Provide and collect timely and complete information on reportable diseases and potential disasters, emergencies, and emerging threats (natural and manmade)?	66	71
	2.1.3 Ensure that the best available resources are used to support surveillance systems and activities including information technology, communication systems, and professional expertise?	62	66
2.2 Emergency Response		66%	72%
	2.2.1 Maintain written instructions on how to handle communicable disease outbreaks and toxic exposure incidents, including details about case finding, contact tracing, and source identification and containment?	68	72
	2.2.2 Develop written rules to follow in the immediate investigation of public health threats and emergencies, including natural and intentional disasters?	70	70
	2.2.3 Designate a jurisdictional Emergency		
	Response Coordinator?	64	73

2.2.5 Identify personnel with the technical expertise to rapidly respond to possible biological, chemical, or and nuclear public health emergencies?	59	73
2.2.6 Evaluate incidents for effectiveness and opportunities for improvements (such as After Action Reports, Improvement Plans, etc)?	62	70

## **Qualitative Responses**

53 respondents recorded strengths and areas for improvement related to the EPHS.

## Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Education, information sharing, and data collection
- Plans, practice, and preparation drills for emergencies
- Quick and effective response to emergencies/outbreaks/disasters
  - Memorial Health System has an effective Infection Control program and Emergency Management program/director which maintains infectious disease and disaster protocols.
    - State and federal guidelines are maintained in hospital system to ensure safe patient care
  - Strong volunteer response through fire, EMS, church groups, and Red Cross in disaster response
  - COVID 19 Response
    - Washington County Health Department regularly shared COVID 19 data

## **Areas for Improvement**

For the prompt "Please describe how our community can improve upon the services above," the following themes emerged:

• Continue to pool resources and clearly communicate with the public about what plans exist, where to find them, and how they can be prepared

- Include nursing homes and local schools
- Improve technology used
- Boost communication with Emergency Management personnel across community to ensure preparation across the entire system
  - Conduct more multi agency trainings and education to prepare

## Essential Service 3: Informing, Educating, and Empowering People about Health Issues

182 respondents rated activity levels for EPHS3. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
3.1 Health Education and Promotion		62%	64%
	3.1.1 Provide policymakers, stakeholders, and the public with ongoing analyses of community health status and related recommendations for health promotion policies?	60	62
	3.1.2 Coordinate health promotion and health education activities at the individual, interpersonal, community, and societal levels?	64	68
	3.1.3 Engage the community throughout the process of setting priorities, developing plans, and implementing health education and health promotion activities.	61	63
3.2 Health Communication		60%	63%
	3.2.1 Develop health communication plans for media and public relations and for sharing information among our local public health system organizations?	61	64
	3.2.2 Use relationships with different media providers (e.g. print, radio, television, the internet) to share health information, matching the message with the target audience?	63	65
	3.2.3 Identify and train spokespersons on public health issues?	55	59
3.3 Risk Communication		66%	67%

3.3.1 Develop emergency communications plan for each stage of an emergency to allow for the effective dissemination of information?	70	68
3.3.2 Make sure resources are available for a rapid communication emergency response?	68	70
3.3.3 Provide risk communication training for employees and volunteers?	60	64

## **Qualitative Responses**

39 respondents recorded strengths and areas for improvement related to the EPHS.

## Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Use of various media platforms (e.g. radio, television, news, social media) to communicate with the public about
  - Community health status issues
  - Community health clinics and services
  - Health education activities
  - Access to health care information
- Use of various media platforms (e.g. interorganizational alert systems, emails, MARCS (Multi-Agency Communication Systems) radios, telephone/texts alerts) to communicate across local entities about health related activities and emergencies
- Emergency operation plan and systems
- Conducting and assessing health screenings, fairs, classes, trainings, and informational sessions
- Connecting with policymakers to provide accurate public health information

## Areas for Improvement

For the prompt "Please describe how our community can improve upon the services above," the following themes emerged:

- Continue to coordinate health promotion and health education activities at the individual, interpersonal, community and societal levels across partners
  - Share toolkits with other partners to increase effectiveness and efficiency
- Expand emergency preparedness planning to communicate more about the plans with the public so they know what to expect and how they can support the plan
- Do more education about health and resources available with an intentional focus on
  - Starting with school age children
  - Reaching those who live on the edges of the county or in rural areas without internet access
  - Using word of mouth methods in addition to traditional marketing approaches
  - Working more closely with churches, community centers, post offices, food pantries and other community hubs
  - Making information understandable to those with low literacy levels

## Essential Service 4: Mobilizing Community Partnerships to Identify and Solve Health Problems

173 respondents rated activity levels for EPHS4. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
4.1 Constituency Development		58%	65%
	4.1.1 Maintain a complete and current directory of community organizations?	59	65
	4.1.2 Follow an established process for identifying key constituents related to overall public health interests and particular health concerns?	53	63
	4.1.3 Encourage constituents to participate in activities to improve community health?	63	67
4.2 Community Partnerships		59%	62%
	4.2.1 Create forums for communication of public health issues?	55	60
	4.2.1.1 Establish community partnerships and strategic alliances to provide a comprehensive approach to improving health in the community?	67	67
	4.2.1.2 Establish a broad-based community health improvement committee?	61	60

## **Qualitative Responses**

28 respondents recorded strengths and areas for improvement related to the EPHS.

## Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Community organizations and groups are willing to be partners for identifying needs, implementing programs, connecting people to services, and preparing for emergencies
- Memorial Health System provides community offerings and partners with outside organizations (e.g. Mayo Clinic, Akron Children's)
- A directory of community organizations is available
- 211 is available

## Areas for Improvement

For the prompt "Please describe how our community can improve upon the services above," the following themes emerged:

- Boost communication county-wide to ensure partnerships are evaluated and continually improved
- Partners should meet more often to initiate plans based upon survey results and other studies used to assess partnerships and impact of efforts
- Boost knowledge of community partnerships amongst Marietta Health System leaders/employees
- Increase support and collaboration on addressing issues related to transportation, mental health, and individual situations that negatively impact health
- Increase visibility of partnerships in community

## **Essential Service 5: Developing Plans and Policies that Support Individual and Community Health Efforts**

173 respondents rated activity levels for EPHS5. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
5.1 Governmental Presence		54%	63%
	5.1.1 Support the work of the local health department (or other governmental local public health entity) to make sure the 10 essential public health services are provided?	52	67
	5.1.2 See that the local health department is accredited through PHAB's voluntary, national public health department accreditation program?	58	62
	5.1.3 Ensure that the local health department has enough resources to do its part in providing essential health services?	51	59
5.2 Policy Development		58%	65%
	5.2.1 Contribute to public health policies by engaging in activities that inform the policy development process?	55	62
	5.2.2 Alert policy makers and the community of the possible public health effects (both intended and non-intended) from current and/or proposed policies?	56	61
	5.2.3 Review existing policies at least every 3-5 years?	63	71
5.3 CHIP/Strategic Planning		56%	63%
	5.3.1 Establish a Community Health Improvement Plan with broad-based diverse participation, that uses information from the Community Health Assessment, including the perceptions of community members?	63	63

	5.3.2 Develop strategies to achieve community health improvement objectives, including a description of organizations accountable for specific steps?	52	62
	5.3.3 Connect organizational strategic plans with the Community Health Improvement Plan?	52	63
5.4 Emergency Plan		67%	71%
	5.4.1 Support a work group to develop and maintain emergency preparedness and response plans?	68	72

## **Qualitative Responses**

31 respondents recorded strengths and areas for improvement related to the EPHS.

## Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Emergency Preparedness
  - Teams/work groups meet regularly to develop plans and practice drills to prepare for emergencies
- Development of Community Health Assessment and Community Health Improvement Plan
- Inclusion of Community Health Improvement Plan in organizational strategic planning
- Health Department has strong community focus tied to stakeholder needs

## Areas for Improvement

For the prompt "Please describe how our community can improve upon the services above," the following themes emerged:

- Boost collaboration and communication (across partners/government) to ensure everyone is receiving necessary information and prepared to respond effectively to emergencies and other health issues
  - Make more people aware of the plans that are in place and each entity's role
  - Conduct more drills
  - Increase education in the community about the plans
- Improve health department facilities to include on-site meeting space where the community and partners could engage related to plans/drills and collaborative planning

# Essential Service 6: Enforcing Laws and Regulations that Protect Health and Ensure Safety

172 respondents rated activity levels for EPHS6. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
6.1 Review Laws		70%	66%
	6.1.1 Identify public health issues that can be addressed through laws, regulations, or ordinances?	63	63
	6.1.2 Stay up-to-date with current laws, regulations, and ordinances that prevent health problems or that promote or protect public health on the federal, state, and local levels?	71	67
	6.1.3 Review existing public health laws, regulations, and ordinances at least once every three to five years?	71	67
	6.1.4 Have access to legal counsel for technical assistance when reviewing laws, regulations, and ordinances?	73	68
6.2 Improve Laws		59%	59%
	6.2.1 Identify local public health issues that are inadequately addressed in existing laws, regulations, and ordinances?	63	60
	6.2.2 Participate in changing existing laws, regulations, and ordinances and/or creating new laws, regulations, and ordinances to protect and promote public health?	59	59
	6.2.3 Provide technical assistance in drafting the language for proposed changes or new laws, regulations, and ordinances?	55	58
6.3 Enforce Laws		62%	63%

6.3.1 Identify organizations that have the authority to enforce public health laws, regulations, and ordinances?	63	63
6.3.2 Ensure that a local health department has the authority to act in public health emergencies?	63	66
6.3.3 Ensure that all activities related to public health codes are done within the law?	66	65
6.3.4 Educate individuals and organizations about relevant laws, regulations, and ordinances?	61	60
6.3.5 Evaluate how well local organizations comply with public health laws?	57	60

### **Qualitative Responses**

18 respondents recorded strengths and areas for improvement related to the EPHS.

#### Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Knowledgeable sanitarians
- Legal counsel is helpful in reviewing laws, regulations, and ordinances
- Laws are enforced
- Local agencies educate the public well on matters of law/code that apply to their specific situation
- In emergency situations, appropriate agencies act on behalf of public health system

#### **Areas for Improvement**

For the prompt "Please describe how our community can improve upon the services above," the following themes emerged:

- Improve lawmakers and enforcers understanding of how public health is affected by laws and policies
- Use forward thinking about laws and policies to address public health issues

- Improve community education about laws and regulations that protect health and ensure safety
  - Communicate about how public can find information on local laws and if they are being enforced

# Essential Service 7: Linking People to Needed Personal Health Services and Ensuring the Provision of Healthcare when Otherwise Unavailable

170 respondents rated activity levels for EPHS7. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
7.1 Personal Needs		51%	62%
	7.1.1 Identify groups of people in the community who have trouble accessing or connecting to personal health services?	52	63
	7.1.2 Identify all personal health service needs and unmet needs through the community?	52	62
	7.1.3 Define partner roles and responsibilities to respond to the unmet needs of the community?	47	60
	7.1.4 Understand the reasons that people do not get the care they need?	52	63
7.2 Assure			
Linkage		51%	65%
	7.2.1 Connect or link people to organizations that can provide the personal health services they may need?	<b>51%</b> 50	<b>65%</b> 65
	can provide the personal health services they may		
	<ul><li>can provide the personal health services they may need?</li><li>7.2.2 Help people access personal health services in a way that takes into account the unique needs of</li></ul>	50	65

### **Qualitative Responses**

26 respondents recorded strengths and areas for improvement related to the EPHS.

# Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Collaborating across agencies effectively to connect people with services
  - Providing wrap-around services
  - Identifying people who need help and supporting them in finding assistance
  - Reaching low-income populations
- Using data from partners to identify Social Determinants of Health needs and enhancing community services accordingly
- Offering education/classes in different locations to provide people the knowledge they need to navigate health needs and system
- Getting education/information to underserved populations through local EMS

## Areas for Improvement

For the prompt "Please describe how our community can **improve** upon the services above," the following themes emerged:

- Improve reach of information and services to underserved populations including
  - Transportation support
  - Communication about health and health services at an appropriate literacy level
  - Address stigma related to vaccines/healthcare
- Communicate
  - Increase awareness of many services available
  - Reducing stigma related to vaccines and healthcare
  - Educating public about who is eligible for services and encourage them to use services for which they are eligible
- Address gaps

- Some people exceed income requirements for services, but cannot afford the services without support (need to evaluate service guidelines)
- Vision and dental care services are costly and lead to additional health costs when care isn't sought
- Improve transportation options
- Ensure people are efficiently linked with services and not passed around the system without services being met
  - Attend to unique individual challenges
- Attention to needs of citizens with disabilities
- Workforce development
  - Invest in retention of staff in public health agencies and groups through improved pay and/or volunteer support
  - Increase health workforce to be able to serve all the people who need services

# Essential Service 8: Ensuring a Competent Public and Personal Healthcare Workforce

173 respondents rated activity levels for EPHS8. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
8.1 Workforce Assessment		67%	61%
	8.1.1 Complete a workforce assessment, a process to track the numbers and types of Local Public Health System jobs – both public and private sector – and the associated knowledge, skills and abilities required of the jobs?	66	61
	8.1.2 Review the information from the workforce assessment and use it to identify and address gaps in the Local Public Health System workforce?	68	61
	8.1.3 Provide information from the workforce assessment to other community organizations and groups, including government bodies and public and private agencies, for use in their organizational planning?	66	60
8.2 Workforce Standards		67%	68%
	8.2.1 Ensure that all members of the local public health workforce have the required certificates, licenses, and education needed to fulfill their job duties and comply with legal requirements?	69	71
	8.2.2 Develop and maintain job standards and position descriptions based on the core knowledge, skills, and abilities needed to provide the 10 Essential Public Health Services?	67	68
	8.2.3 Base the hiring and performance review of members of the public health workforce on public health competencies?	65	66
8.3 Continuing Education		63%	67%

	8.3.1 Identify education and training needs and encourage the public health workforce to participate in available education and training?	71	68
	8.3.2 Provide ways for public health workers to develop core skills related to the 10 Essential Public Health Services?	62	65
	8.3.3 Develop incentives for workforce training, such as tuition reimbursement, time off for attending class, and pay increases?	60	66
	8.3.4 Create and support collaboration between organizations within the Local Public Health System for education and training?	56	67
	8.3.5 Continually train the public health workforce to deliver services in a culturally competent manner and understand the social determinants of health?	64	67
8.4 Leadership Development		66%	66%
	8.4.1 Provide access to formal and informal leadership development opportunities for employees at all organizational levels?	63	67
	8.4.2 Create a shared vision of community health and Local Public Health System welcoming all leaders and community members to work together?	62	66
	8.4.3 Ensure that organizations and individuals have opportunities to provide leadership in areas where they have knowledge, skills, or access to resources?	63	65

### **Qualitative Responses**

17 respondents recorded strengths and areas for improvement related to the EPHS.

### Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Identify training and education needs
  - Connect public health workforce with education and training opportunities in the surrounding area for growth
- Employment of qualified individuals

#### **Areas for Improvement**

For the prompt "Please describe how our community can **improve** upon the services above," the following themes emerged:

- Training
  - Offer more trainings locally
  - Bring in outside agencies to train local partners
  - Better connect ongoing training to advancement
  - Incentivize training particularly in professions that have increasing demand and fewer individuals qualified
- Leadership/Mentoring
  - Grow leaders within the community and in our own health system
    - Invest in those who demonstrate leadership potential and promote based on ability to job (not personal connection)
  - Grow diversity of workforce and increase cultural sensitivity
- Communication
  - Share information from workforce assessments more widely across groups to be used in organizational planning including
    - Governing bodies
    - Public and private agencies
    - Local groups
  - Connect rural populations with internet services to improve access to information/knowledge
  - Link more information with social media outlets

# Essential Service 9: Evaluating Effectiveness, Accessibility, and Quality of Personal and Population-Based Health Services

168 respondents rated activity levels for EPHS9. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
9.1 Evaluation of Population Health		49%	62%
	9.1.1 Evaluate how well population-based health services are working, including whether the goals that were set for programs and services were achieved?	51	63
	9.1.2 Assess whether community members, including vulnerable populations, are satisfied with the approaches taken toward promoting health, and preventing disease, illness, and injury?	53	60
	9.1.3 Identify gaps in the provision of population-based health services?	46	62
	9.1.4 Use evaluation findings to improve plans, processes, and services?	45	62
9.2 Evaluation of Personal Health		49%	64%
	9.2.1 Evaluate the quality, accessibility, and effectiveness of personal health services?	44	62
	9.2.2 Compare the quality of personal health services to established guidelines?	49	63
	9.2.3 Measure user satisfaction with personal health services?	52	65
	9.2.4 Use technology, like the internet or electronic health records, to improve quality of care?	51	67

	9.2.5 Use evaluation findings to improve services and program delivery?	48	65
9.3 Evaluation of LPHS		46%	63%
	9.3.1 Identify all public, private, and volunteer organizations that contribute to the delivery of the 10 Essential Public Health Services?	47	64
	9.3.2 Evaluate how well our Local Public Health System activities meet the needs of the community at least every 3-5 years, using guidelines that describe a model Local Public Health System and involving all entities contributing to the delivery of the 10 Essential Public Health Services?	49	65
	9.3.3 Assess how well the organizations in the Local Public Health System are communicating, connecting, and coordinating services?	43	61
	9.3.4 Use the results from the evaluation process to improve our Local Public Health System?	44	62

### **Qualitative Responses**

16 respondents recorded strengths and areas for improvement related to the EPHS.

### Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Assessing the local public health system regularly including the monitoring of regulations and requirements, and programs
- Increasing focus of primary care clinics on population health approaches including ensuring gaps of care are addressed and closed

#### Areas for Improvement

For the prompt "Please describe how our community can **improve** upon the services above," the following themes emerged:

- Consistently and collectively use the public health assessments to make decisions based on data
- Improve engagement with public and overcome access to care challenges in outlying areas of county
- Dissemination of information, findings, and action plans
- Improve EMR system to be more inclusive

# Essential Service 10: Researching New Insights and Innovative Solutions to Health Problems

170 respondents rated activity levels for EPHS10. The results are provided below.

Model Standard	Performance Measure	2021 % Score	2024 % Score
10.1 Foster Innovation		42%	59%
	10.1.1 Provide staff with the time and resources to pilot test or conduct studies to test new solutions to public health problems and see how well they actually work?	31	56
	10.1.2 Suggest ideas about what currently needs to be studied in public health to organizations that conduct research?	41	59
	10.1.3 Keep up with information from other agencies and organizations at the local, state, and national levels about current best practices in public health?	51	61
	10.1.4 Encourage community participation in research, including deciding what will be studied, conducting research, and sharing results?	45	59
10.2 Academic Linkages		43%	62%
	10.2.1 Develop relationships with colleges, universities, or other research organizations, with a free flow of information, to create formal and informal arrangements to work together?	44	63
	10.2.2 Partner with colleges, universities, or other research organizations to conduct public health research, including community-based participatory research?	44	62
	10.2.3 Encourage colleges, universities, and other research organizations to work together with our Local Public Health Systems organizations to develop projects, including field training and continuing education?	41	62

10.3 Research Capacity		37%	59%
	10.3.1 Collaborate with researchers who offer the knowledge and skills to design and conduct health-related studies?	43	59
	10.3.2 Support research with the necessary infrastructure and resources, including facilities, equipment, databases, information technology, funding, and other resources?	39	58
	10.3.3 Share findings with public health colleagues and the community broadly, through journals, website, community meetings, etc.?	31	59
	10.3.4 Evaluate Public Health Systems research efforts throughout all stages of work, from planning to effect on local public health practice?	34	58

## **Qualitative Responses**

15 respondents recorded strengths and areas for improvement related to the EPHS.

## Strengths

For the prompt "Please describe what our community does **well** for the services above," the following themes emerged:

- Strong community partnerships support the improvement of health including
  - linkages between schools, universities, and the community around health issues
  - strategic alliances in public health system to improve health
  - collaboration to ensure information and services to improve health are well communicated to the public
  - awareness of current best practices at local, state, and national levels

### **Areas for Improvement**

For the prompt "Please describe how our community can **improve** upon the services above," the following theme emerged:

- Better funding capacity for research
- Stronger community engagement
- More collaboration across organizations in the area
  - More collaboration with local colleges and universities including
    - connecting to students earlier to grow their interest in the field
    - stronger communication and collaboration on research that impacts the local health system and community health

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# **Appendix A** Alignment with Requirements

# Hospital Requirements - Internal Revenue Service (IRS)

This assessment fulfills national mandated requirements for hospitals in the county. The H.R. 3590 Patient Protection and Affordable Care Act (ACA), enacted in March 2010, added new requirements in Part V, Section B, on 501 (c)(3) organizations that operate one or more hospital facilities. Each 501 (c)(3) hospital organization must conduct a Community Health Needs Assessment and adopt an implementation strategy at least once every three years in order to maintain tax-exempt status. To meet these requirements, the hospital shifted their definition of "community" to encompass the entire county, and collaboratively completed the Community Health Assessment. This approach increased collaboration and resource sharing between local public health and local hospital systems.

# Public Health Accreditation Board (PHAB) Requirements

This assessment fulfills requirements from Ohio Revised Code (ORC) and the Public Health Accreditation Board (PHAB) requirement that Tribal, state, local, and territorial public health departments be assessed regularly. The Public Health Accreditation Board requires that Community Health Assessments be completed at least every five years, however, Ohio Revised Code (ORC 3701.981) requires that health departments and non-profit hospitals collaborate to create a Community Health Assessment every 3 years. The CHA is the measurement of health department performance against a set of nationally recognized, evidence-based standards. The goal of the national accreditation program is to improve and protect the health of the public by advancing the quality and performance of public health departments.

# Appendix B Community Health Survey Results

# Top 3 Most Important Factors for a Healthy Community

ANSWER CHOICES	RESPONSES	•
✓ Access to Healthy Food	41.55%	155
✓ Access to Affordable Healthcare	34.58%	129
✓ Clean Air & Water	24.13%	90
✓ Good Jobs & Economy	23.32%	87
✓ Affordable Housing	21.98%	82
<ul> <li>Assistance for Those in Need (Housing, Food, &amp; Healthcare)</li> </ul>	19.84%	74
✓ Low Crime/Safe Neighborhoods	18.50%	69
✓ Quality Schools	17.69%	66
✓ Healthy Behaviors & Lifestyle	16.89%	63
<ul> <li>Strong Health Departments/Hospitals/Clinics</li> </ul>	16.35%	61
▼ Strong Public Safety Services (ex. Law Enforcement, Fire, EMS, etc.)	10.72%	40
✓ Access to Parks, Trails, & Recreation	9.65%	36
✓ Strong Family/Friend Support	9.65%	36
✓ Access to Transportation, Safe Streets, & Sidewalks	9.38%	35
▼ Fair Treatment for All (Regardless of Race, Age, Gender, or Ability)	8.04%	30
✓ Religious or Spiritual Values	7.51%	28
▼ Quality, Affordable Child Care	6.97%	26
▼ Low Death & Disease Rates	6.70%	25
✓ Support Programs & Centers	6.70%	25
✓ Access to Health Education/Information	5.36%	20
✓ Abuse/Violence Free Relationships & Homes	4.02%	15
✓ Coordination Among Health/Safety Service Providers	3.22%	12
Total Respondents: 373		

# Top 3 Biggest Health Problems in Our Community

ANSWER CHOICES	RESPONSE	s 🝷
▼ Substance Use Problems (Tobacco, Alcohol, Illicit Drugs, or Misuse of Prescription Drugs)	69.25%	259
▼ Mental Health Problems	62.83%	235
✓ Cancers	49.73%	186
<ul> <li>Aging Problems (ex. Arthritis, Hearing/Vision Loss, Mobility Loss, Cognitive Decline)</li> </ul>	22.46%	84
✓ Child Abuse/Neglect	19.52%	73
✓ Diabetes	17.65%	66
✓ Heart Disease/Stroke	14.97%	56
✓ Domestic Violence	10.16%	38
▼ Suicide	7.75%	29
✓ Respiratory/Lung Disease	6.15%	23
✓ Other (please specify) Responses	5.08%	19
▼ Dental Problems	4.28%	16
▼ Self-Harm	3.48%	13
<ul> <li>Infectious Disease (ex. Hepatitis, TB, Coronavirus, Sexually Transmitted Diseases)</li> </ul>	3.21%	12
<ul> <li>Preventable Accidents (ex. Falls, Workplace Injuries, etc.)</li> </ul>	1.60%	6
✓ Motor Vehicle Crashes	1.34%	5
▼ Firearm Related Injuries	1.34%	5
▼ Unwanted Pregnancy	1.07%	4
✓ Homicide	0.53%	2
▼ Infant/Child Death	0.00%	0
Total Respondents: 374		

# Top 3 Biggest Barriers to Health in Washington County

ANSWER CHOICES	•	RESPONSE	S
<ul> <li>Low income</li> </ul>		58.45%	218
<ul> <li>Addiction</li> </ul>		36.73%	137
<ul> <li>Low Motivation to Engage in Healthy Behaviors</li> </ul>		35.12%	131
<ul> <li>Lack of Affordable Health Insurance</li> </ul>		27.35%	102
<ul> <li>Not Aware of Resources Available</li> </ul>		23.86%	89
<ul> <li>Lack of Knowledge About Health</li> </ul>		20.64%	77
<ul> <li>Unstable Families (ex. Loss of Parental Figure)</li> </ul>		17.69%	66
<ul> <li>Lack of Healthy Food</li> </ul>		15.01%	56
<ul> <li>Lack of Access to Health Care Specialists</li> </ul>		11.53%	43
<ul> <li>Lack of Transportation</li> </ul>		10.72%	40
<ul> <li>Unstable/Unsafe Housing</li> </ul>		9.92%	37
<ul> <li>Distrust of Health &amp; Safety Service Providers</li> </ul>		9.65%	36
<ul> <li>Lack of Quality Child Care</li> </ul>		5.63%	21
<ul> <li>Distrust of Vaccines</li> </ul>		5.36%	20
<ul> <li>Lack of Access to Safe Recreation Options</li> </ul>		3.22%	12
<ul> <li>Unsafe Neighborhoods</li> </ul>		2.95%	11
<ul> <li>Other (please specify)</li> </ul>	Responses	2.68%	10
<ul> <li>Laws that Govern Health Decision Making</li> </ul>		2.41%	9
<ul> <li>Lack of Protection from Public Safety Services (ex. Law Enforcement, Fire, EMS, etc.)</li> </ul>		2.14%	8
<ul> <li>Unsafe Roadways</li> </ul>		1.61%	6
<ul> <li>Discrimination</li> </ul>		1.07%	4
<ul> <li>Unsafe Schools</li> </ul>		0.54%	2

# Top 3 Most Useful Resources to Be Healthy

ANSWER CHOICES	•	RESPONSES	•
<ul> <li>Money to Pay for Healthcare/Insurance</li> </ul>		30.25%	111
<ul> <li>Social Support (Neighbors, Friends, Family)</li> </ul>		27.25%	100
✓ Affordable Access to Doctors/Specialists		24.80%	91
<ul> <li>Safe Parks, Sidewalks, Trails, &amp; Recreation</li> </ul>		24.80%	91
Grocery Stores/Farmers Markets		24.25%	89
✓ Gym/Fitness Facilities		21.25%	78
<ul> <li>Health Department Programs/Services</li> </ul>		20.44%	75
✓ Hospital Clinics/Services		19.62%	72
✓ Pharmacies		12.26%	45
✓ Local Activities, Groups, or Festivals		11.44%	42
✓ Educational Opportunities		10.35%	38
✓ Food Pantries/Programs		9.26%	34
✓ Safe Housing		8.45%	31
✓ Government Aid for Those in Need		8.45%	31
<ul> <li>Community Organizations</li> </ul>		8.45%	31
✓ Quality Schools		5.72%	21
<ul> <li>Other (please specify)</li> </ul>	Responses	5.18%	19
<ul> <li>Social Service Organizations</li> </ul>		4.09%	15
✓ Older Adult Programs		3.81%	14
✓ Support Groups		3.54%	13
✓ Access to Holistic Medical Care		3.54%	13
✓ Transportation Options		2.72%	10
✓ Public Safety Services		2.72%	10
✓ Youth Development Programs		2.45%	9
✓ Quality Child Care		2.18%	8
Total Respondents: 367			

# **Community Health Survey Demographics**

A total of 333 people provided demographic information.

# Zip Code

Residents from across Washington County are well represented in the data. Additionally, people who work in or visit Washington County for services are included though they may live in another zip code (i.e. Vienna [26105], Williamstown [26187], Zanesville [43701]).

▼ 45750		54.88%	180
▼ 45714	-	6.40%	21
▼ 45715		4.88%	16
▼ 45784		2.74%	9
▼ 26187		2.74%	9
▼ 45768		2.74%	9
▼ 45742		2.44%	8
▼ 45744		2.13%	7
▼ 45786		2.13%	7
▼ 45788		1.52%	5
<ul><li>▼ 45729</li></ul>		1.52%	5
<ul><li>▼ 45745</li></ul>		1.22%	4
▼ 45724		1.22%	4
▼ 45767		1.22%	4
<ul><li>▼ 43701</li></ul>		0.91%	3
▼ 26105		0.91%	3

# Age

ANSWER CHOICES	▼ RESPONSES	•
<ul> <li>Under 18 years of age</li> </ul>	0.9%	3
▼ 18-25	12.3%	41
<ul> <li>✓ 26-35</li> </ul>	12.3%	41
▼ 36-45	18.9%	63
✓ 46-55	20.1%	67
▼ 56-65	17.1%	57
✓ 66-75	12.9%	43
✓ 76 and older	5.4%	18
<ul> <li>Prefer not to say</li> </ul>	0.0%	0
TOTAL		333

# Ethnicity/Race

ANSWER CHOICES	•	RESPONSES	•
✓ White/Caucasian		95.5%	319
✓ Black/African American		1.2%	4
<ul> <li>Hispanic or Latino</li> </ul>		0.6%	2
✓ Asian or Pacific Islander		0.6%	2
<ul> <li>Native American</li> </ul>		0.6%	2
<ul> <li>Prefer not to say</li> </ul>		2.7%	9
<ul> <li>Another ethnicity (please specify)</li> </ul>	Responses	0.6%	2
Total Respondents: 334			

# Gender

ANSWER CHOICES	•	RESPONSES	•
✓ Female		70.0%	233
✓ Male		27.3%	91
<ul> <li>Non-binary</li> </ul>		0.9%	3
<ul> <li>Prefer not to say</li> </ul>		1.2%	4
<ul> <li>Other (please specify)</li> </ul>	Responses	0.6%	2
TOTAL			333

### **Marital Status**

ANSWER CHOICES	•	RESPONSES	•
✓ Married		60.4%	201
<ul> <li>Not Married</li> </ul>		36.3%	121
<ul> <li>Prefer not to say</li> </ul>		3.3%	11
TOTAL			333

### Education

ANSWER CHOICES	-	RESPONSES	•
✓ 8th grade or less		0.0%	0
✓ Some high school		1.5%	5
<ul> <li>High School Diploma or GED</li> </ul>		9.0%	30
✓ Some college or technical school		22.8%	76
<ul> <li>Associate's degree</li> </ul>		14.7%	49
✓ Bachelor's degree		28.5%	95
<ul> <li>Master's , doctorate, or professional degree</li> </ul>		21.6%	72
<ul> <li>Prefer not to say</li> </ul>		0.6%	2
<ul> <li>Other (please specify)</li> </ul>	Responses	1.2%	4
TOTAL			333

### Household Income Each Year (Gross Income)

ANSWER CHOICES	<ul> <li>RESPONSES</li> </ul>	•
✓ Under \$25,000	9.9%	33
✓ Between \$26,000 and \$39,999	9.0%	30
✓ Between \$40,000 and \$59,999	12.6%	42
✓ Between \$60,000 and \$79,999	15.3%	51
✓ Between \$80,000 and \$99,999	10.5%	35
✓ Over \$100,000	28.5%	95
<ul> <li>Prefer not to say</li> </ul>	14.1%	47
TOTAL		333

## Number of People in Household

There was an average of 2.8 people living in each household of respondents.

# Health Insurance (Choose All That Apply)

ANSWER CHOICES	•	RESPONSES	•
<ul> <li>No health insurance</li> </ul>		3.9%	13
<ul> <li>Insurance through employer</li> </ul>		63.3%	212
<ul> <li>Insurance through health insurance marketplace</li> </ul>		5.1%	17
✓ Medicaid		9.3%	31
✓ Medicare		21.5%	72
<ul> <li>Children with medical handicaps</li> </ul>		0.9%	3
✓ MediShare		0.3%	1
<ul> <li>Prefer not to say</li> </ul>		3.9%	13
✓ Other (please specify)	Responses	6.0%	20
Total Respondents: 335			

\*Other: Medicare Supplement most common response

# **Resources Identified at CHA Kick-Off Workshop**

In February of 2024, more than 40 community partners/members participated in identifying resources in Washington County, Ohio that could be used to conduct a meaningful CHA and improve health outcomes.

#### Resources

Facility space Connections with individuals/families/community members Shared funding Strong peer communication Ability to create collaborative opportunities Mental Health Agencies CMH Lead poisoning testing Local farmers WIC/CAP Home visits Alice Data - United Way HAPCAP - Food pantry information Canva (tool for making designed media) Wash. Co. Resource Team **Buckeye Hills Regional Council** Local coalitions Medical library and librarian at Memorial Health System **Government Officials** Early childhood groups MHS Providers Devola Multi Use Trail Court Systems COAD Local non-profit organizations and leaders Non-Profits LEAD at Marietta College Community Health Worker Office of Community Engagement at Marietta College **Community Action** Huntington Bank Ohio MHAS OACBHA Wash. Co. Job and Family Services Family and Children First Council Ohio Department of Development Behavioral health providers Harm Reduction Ohio People with lived experience Marietta Belpre Health Department Board of Health Washington County Health Department Board of Health Marietta and Belpre town council members District Advisory Council members (representing townships) Mayor of Marietta Ohio Mayor of Belpre Ohio

School system administrators and superintendents School system nurses Students - All public school districts in Wash.Co. Marietta College Washington State Community College Fort Frye Schools Food & Wellness Programs (farm to table, etc.) Go Packs Mayor of Beverly Village County Commissioners City dashboards State data through Ohio Department of Health Census Reporter - Census demographic data Data from Dept. of Job and Family Services Ohio Data Warehouse - Publicly available health and vital stats data via ODH Youth tobacco presentations Quit Tobacco cards Present vaping presentations Resources from ODH (i.e. education, awards, posters, flyers, social media posts). Social media platforms through partners SAMHSA NIDA Health assessments **OIPP - Ohio Injury Prevention Partnership** Ohio Department of Health Ohio Department of Mental Health & Addiction Mental health and substance use data Archived environmental health data including permits, food recalls (OSH, ODA), private water system permits, operators in all license programs Dental health data through schools, nurses, students, ODH, and dental community Healthcare system state health plans and county and state health rankings Fall prevention data on older adults through ODH All social service agency directors **B&W Growth Revitalization** Veritas Classical Academy (school, parents, and students) Creating Healthy Communities Coalition Nourishing Networks Washington County Health Department (staff, clients, board) Regional funding partners

Appalachian Children Coalition Appalachian Ohio Manufacturers Coalition **Rural Action** Businesses (intern host sites, job shadowing) Educators - school districts, colleges, administrators OASA RSVP Dental community O'Neill Center **Belpre Senior Center** Harvest of Hope Newport EMS Memorial Health System OSU AmeriCorps RSVP **Belpre Senior Center** L & P Services Hopewell Integrated Services GoPacks Foodbanks Newport Food Pantry Mid-Ohio Valley Ballet Academy Franciscan Meals Grandparent Foster Program Members of Early Childhood Committee Camden Allstate Health Plans Reno and Marietta EMS/Fire **Community Health Workers** Jobs & Hope SUD Collaborative Hope in Action Washington County Government Food Service - Restaurants, Retail Sales, Schools, Senior Centers. Davcare Facilities Schools - Administration and kitchen staff Politicians - State and local Private water system contractors Public pool operators Septic installers **OSU** Extension JFS - SNAP Enrollment ODE Free and Reduced Lunch in Washington County Public Schools Real estate agents Bankers Attorneys CPAs Belpre Chamber of Commerce Board of Directors United Way **Ritchie EDA** Wood EDA - Community Service BDD Rescue and Restore Foundation Directors Pastors Wash. Co. Families and Children First Council

State-Wide: Ohio Teen Institute, Youth 2 Youth International, Prevention Action Alliance, CRUSH Council's Red Resource Book (MCS has a similar one too) United Way of the MOV SE Ohio Foods (food boxes/commodity boxes) Hopewell Legal Aid Families that participate in Mid Ohio Valley Taekwondo Academy Marietta College Health Services Belpre Women's Club Belpre Chamber of Commerce Belpre City Council President City of Belpre Departments, Police, Street, Water St. Ambrose Catholic Church Washington County Women's Club **Belpre Senior Center** Belpre Fire Dept. Morgan County Health Department Belmont County HD Noble Co. HD Monroe Co. HD Washington County HD Huntington Bank Community Relations Specialist County school nurses (Fort Frye, Frontier, Waterford) City school nurses Marietta College Health Services Washington County Career Center - Medical and other programs Washington County Home WIC Clinic Memorial Health System Masonic Lodge - New Matamoras, Lowell Branches Ely Chapman Education Foundation MHS Wellness Center members Youth Running Club Sternwheel Festival Committee BSA - Scouts of America Marietta Junior High (high school/middle school cheerleading) Giant Eagle staff CrossFit community **Outreach Screenings** Marietta Brewing Co. Sunday Running Group (adults) Marietta Adventure Company Regional and local agriculture and farming (Ohio, WV) Exercise groups **Rivers Trails & Ales Festival Committee** GoPacks Many area churches Schools from top down (MCS and WSCC) and departments, clubs, etc. (Farmer's market) Museums in area Youth organizations - dance studios, music, sports clubs, etc. Churches - mentoring programs, tutoring programs, music programs

Civic groups in Marietta - Rotary, Lions, Civitans, Kiwanis, etc Businesses - Restaurants, grocery stores, downtown stores Girl Scouts Local bands/musicians Equestrian groups/teams/stables Nonprofits in MOV Amber Gossett-Bailey: Marietta College - Amy Elliot (Nonprofit LEAD), Rosie Brown (Nonprofit LEAD) Belpre Senior Center - Bonnie McGowan Belpre Chamber - Karen Waller Public safety connections including all county fire departments/EMS providers Counselors at various mental health and substance abuse agencies (Ohio & WV) Captains in each sector of law enforcement School officials in several schools Washington County Board of Developmental Disabilities School Districts Red Cross Marietta College Career Center **Community Action** YMCA Solvay **ODJFS/Ohio Means Jobs** Family and Children First/Help Me Grow Agency Providers (WASCO, RHDD) Ladies Civitan Group People First Advocacy Council House of Hope Mayor's Partnership for Progress (Southeast Ohio Mayors) **Beverly Waterford Ministerial Association** Waterford Church of the Nazarene Fort Frve School District **Beverly Fire** Beverly PD Chamber Creating Healthy Communities Coalition Village Council Village of Beverly Employees Village of Beverly Community Members People in recovery from mental health/addiction Homeless - Drop in center Re-entry Low-income Support group leaders (NA, AA, etc.) Peer Recovery Support Specialist Behavioral Health Support Specialist Harm Reduction School system admins St. Vincent de Paul Society Marietta Homeless Shelter Food pantry Memorial Health System Movement Fitness

Belpre City Schools Marietta City Schools Boys and Girls Club Witten Farm Market MHS Pediatrics Dale Leeper WSCC YMCA Running Club Humane Society of the Ohio Valley Habitat for Humanity Marietta Belpre Health Department Trustees for some townships Marietta and Belpre City Councils Marietta and Belpre City Schools Marietta and Belpre Chambers of Commerce Restaurants in Marietta and Belpre **OSU Extension - Agricultural** House of Hope **WCBHB** WCDD Board Ohio Pro SE Food Bank Harvest of Hope Community Action Transportation L&P Services Southeast Ohio Counseling Marietta Community Foundation McDonough Foundation Food pantries throughout the county Community Food Initiatives O'Neill Senior Center **Belpre Senior Center** Marietta City Schools Truancy Programs Veterans Services/JFS

# **Appendix C** Local Public Health Assessment Demographics

ANSWER CHOICES	RESPONSES	
Belpre (live, work, or serve here)	19.17%	37
Marietta (live, work, or serve here)	46.63%	90
Washington County (live, work, or serve here)	48.19%	93
Behavioral Health	2.59%	5
Business	3.63%	7
Community Member	15.54%	30
Education	5.70%	11
Faith-Based	6.22%	12
Government	6.74%	13
Healthcare provider/Hospital	77.20%	149
Law Enforcement	0.52%	1
Media	0.52%	1
Non-Profit/Advocacy (other than hospital)	7.77%	15
Other (please specify)	3.11%	6
Total Respondents: 193		

ANSWER CHOICES	RESPONSES	
Belpre (live, work, or serve here)	18.72%	35
Marietta (live, work, or serve here)	51.87%	97
Washington County (live, work, or serve here)	42.25%	79
Behavioral Health	1.07%	2
Business	3.21%	6
Community Member	12.30%	23
Education	2.67%	5
Faith-Based	4.81%	9
Government	4.81%	9
Healthcare provider/Hospital	82.35%	154
Law Enforcement	0.53%	1
Media	0.00%	0
Non-Profit/Advocacy (other than hospital)	5.35%	10
Other (please specify)	1.60%	3
Total Respondents: 187		

ANSWER CHOICES	RESPONSES	
Belpre (live, work, or serve here)	18.78%	34
Marietta (live, work, or serve here)	46.96%	85
Washington County (live, work, or serve here)	44.75%	81
Behavioral Health	3.31%	6
Business	2.21%	4
Community Member	12.71%	23
Education	4.42%	8
Faith-Based	4.97%	9
Government	6.08%	11
Healthcare provider/Hospital	81.22%	147
Law Enforcement	0.55%	1
Media	0.00%	0
Non-Profit/Advocacy (other than hospital)	6.08%	11
Other (please specify)	2.21%	4
Total Respondents: 181		

ANSWER CHOICES	RESPONSES	
Belpre (live, work, or serve here)	18.86%	33
Marietta (live, work, or serve here)	49.71%	87
Washington County (live, work, or serve here)	42.29%	74
Behavioral Health	0.57%	1
Business	1.71%	3
Community Member	12.00%	21
Education	4.00%	7
Faith-Based	4.57%	8
Government	4.57%	8
Healthcare provider/Hospital	83.43%	146
Law Enforcement	0.00%	0
Media	0.00%	0
Non-Profit/Advocacy (other than hospital)	6.29%	11
Total Respondents: 175		

ANSWER CHOICES	RESPONSES	
Belpre (live, work, or serve here)	18.13%	31
Marietta (live, work, or serve here)	46.78%	80
Washington County (live, work, or serve here)	41.52%	71
Behavioral Health	1.17%	2
Business	2.34%	4
Community Member	10.53%	18
Education	2.34%	4
Faith-Based	3.51%	6
Government	4.09%	7
Healthcare provider/Hospital	84.21%	144
Law Enforcement	1.17%	2
Media	0.00%	0
Non-Profit/Advocacy (other than hospital)	5.85%	10
Total Respondents: 171		

ANSWER CHOICES	RESPONSES	
Belpre (live, work, or serve here)	18.71%	32
Marietta (live, work, or serve here)	47.95%	82
Washington County (live, work, or serve here)	40.94%	70
Behavioral Health	1.17%	2
Business	2.92%	5
Community Member	10.53%	18
Education	2.92%	5
Faith-Based	4.68%	8
Government	4.09%	7
Healthcare provider/Hospital	81.29%	139
Law Enforcement	1.17%	2
Media	0.00%	0
Non-Profit/Advocacy (other than hospital)	7.02%	12
Other (please specify)	1.75%	3
Total Respondents: 171		

ANSWER CHOICES	•	RESPONSES	•
<ul> <li>Belpre (live, work, or serve here)</li> </ul>		19.28%	32
<ul> <li>Marietta (live, work, or serve here)</li> </ul>		46.39%	77
<ul> <li>Washington County (live, work, or serve here)</li> </ul>		42.17%	70
✓ Behavioral Health		1.20%	2
✓ Business		3.01%	5
✓ Community Member		12.05%	20
✓ Education		4.22%	7
✓ Faith-Based		4.82%	8
▼ Government		5.42%	9
<ul> <li>Healthcare provider/Hospital</li> </ul>		81.93%	136
✓ Law Enforcement		1.20%	2
✓ Media		0.00%	0
<ul> <li>Non-Profit/Advocacy (other than hospital)</li> </ul>		6.63%	11
<ul> <li>Other (please specify)</li> </ul>	Responses	1.81%	3
Total Respondents: 166			

ANSWER CHOICES	•	RESPONSES	•
<ul> <li>Belpre (live, work, or serve here)</li> </ul>		19.05%	32
<ul> <li>Marietta (live, work, or serve here)</li> </ul>		47.02%	79
<ul> <li>Washington County (live, work, or serve here)</li> </ul>		42.26%	71
✓ Behavioral Health		0.60%	1
✓ Business		2.38%	4
✓ Community Member		10.71%	18
✓ Education		2.98%	5
✓ Faith-Based		4.76%	8
✓ Government		4.76%	8
<ul> <li>Healthcare provider/Hospital</li> </ul>		83.33%	140
✓ Law Enforcement		0.60%	1
✓ Media		0.00%	0
<ul> <li>Non-Profit/Advocacy (other than hospital)</li> </ul>		5.95%	10
<ul> <li>Other (please specify)</li> </ul>	Responses	1.19%	2
Total Respondents: 168			

ANSWER CHOICES	RESPONSES	
Belpre (live, work, or serve here)	20.00%	33
Marietta (live, work, or serve here)	44.85%	74
Washington County (live, work, or serve here)	41.82%	69
Behavioral Health	1.21%	2
Business	3.03%	5
Community Member	13.33%	22
Education	3.64%	6
Faith-Based	3.64%	6
Government	4.24%	7
Healthcare provider/Hospital	83.64%	138
Law Enforcement	0.00%	0
Media	0.00%	0
Non-Profit/Advocacy (other than hospital)	7.88%	13
Other (please specify)	1.21%	2
Total Respondents: 165		

ANSWER CHOICES	RESPONSES	
Belpre (live, work, or serve here)	17.96%	30
Marietta (live, work, or serve here)	47.31%	79
Washington County (live, work, or serve here)	42.51%	71
Behavioral Health	1.20%	2
Business	2.99%	5
Community Member	11.38%	19
Education	3.59%	6
Faith-Based	3.59%	6
Government	4.19%	7
Healthcare provider/Hospital	82.63%	138
Law Enforcement	0.00%	0
Media	0.00%	0
Non-Profit/Advocacy (other than hospital)	6.59%	11
Other (please specify)	1.20%	2
Total Respondents: 167		

# Acknowledgements

This Community Health Assessment (CHA) was made possible by the collaborative efforts of multiple staff of Marietta/Belpre and Washington County Health Departments, Memorial Health System, local stakeholders, partners, and community members. Their contributions of time, expertise, and resources played a critical role in the completion of this assessment. Thank you all for making this possible!

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The 2024 Washington County Community Health Assessment is available on the following websites:

Washington County Health Department https://www.washingtongov.org/137/Health-Department

Marietta/Belpre Health Department <u>https://mariettabelprehealth.org/</u>

Memorial Health System <u>https://www.mhsystem.org/community/health-needs-assessment/</u>